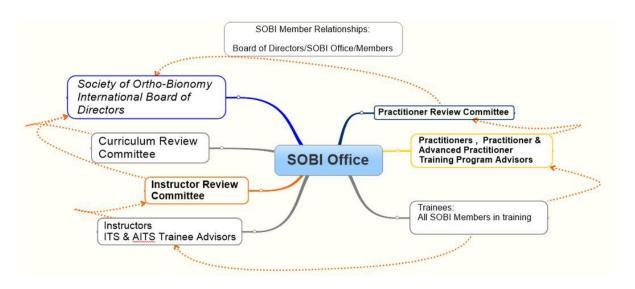
# Society of Ortho-Bionomy International®

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## **Section 2:Practitioner and Training Policy**

#### 2.1 General Membership Policy Section

## 2.1.1 Diagram of Board, Committee, and Member Relationships



**Trainees**: Members including Advanced Instructors, Instructors, Associate Instructors, Practitioners, Advanced Practitioners, Associates, Students

**Practitioners:** Practitioner and Advanced Practitioner Training Program Advisors **Instructors:** Instructor and Advanced Instructor Training Program Advisors

Trainees send in their training program paperwork to the SOBI office to be distributed to the Instructor and Practitioner Review committees. The Instructor and Practitioner Review Committees communicate with the trainee's advisor, if there are questions on the trainee's program documentation.

#### 2.1.2 Continuing Education (CE) for Members

#### **2.1.2.1 Student members** pay annual dues, but do not have CE requirements

- **2.1.2.2** Associate members, Practitioner, Advanced Practitioner, Associate Instructors pay dues annually and complete:
  - **2.1.2.2.1** 16 units of Ortho-Bionomy coursework every two years for Associate members Associate Instructors and includes the following options:
    - **2.1.2.2.1.1** Complete a 16-unit Ortho-Bionomy class
    - **2.1.2.2.1.2** Attend the SOBI conference

Revision Date: 2011.04.26

- **2.1.2.3 Instructors through Advanced Instructor** levels pay dues annually and every two years complete one of the following:
  - **2.1.2.3.1** Co-teaching with Registered Instructor
  - **2.1.2.3.2** Observed/supervised teaching by Registered Instructor
  - 2.1.2.3.3 Attend the full SOBI Conference & Instructor Retreat

Revision Date: 2012.10.02

#### 2.1.3 Class Unit

Is approximately equal to 1 hour

Revision Date: 2011.04.26

- **2.1.4** Curriculum Review Committee (this section repeats in policy 3.8)
  - **2.1.4.1** Helps evolve the Training Program Curriculum and Education policies.
  - **2.1.4.2** Three or five members appointed by the Board of Directors of the Society of Ortho-Bionomy International

Revision Date 2020.

**2.1.4.3** Minimum two Instructors, including one Advanced Instructor and can include one Advanced Practitioner

Revision Date 2015.09.10

**2.1.4.4** Three-year Curriculum Review Committee term

Revision Date: 2001.10.28

**2.1.4.5** Review Current Electives

Revision Date: 2006.06.27

**2.1.4.6** Approval of New Electives

Revision Date: 2006.06.27

**2.1.4.7** Curriculum Policy recommendations are sent to the Instructor community for input

Revision Date: 2001.10.28

**2.1.4.8** Submit all curriculum proposals to the Board of Directors for approval

Revision Date: 2001.10.28

**2.1.4.9** Board of Directors has the final approval in the curriculum policy approval process

Revision Date: 2001.10.28

#### 2.1.5 Practitioner Review Committee

- **2.1.5.1** Practitioner Review Committee submissions due Mar. 15, Jun. 15, Sept. 15, Dec. 15
- **2.1.5.2** Verify completeness of training program documentation and qualitative examination
- **2.1.5.3** Reviews Practitioner Waivers, Practitioner and Advanced Practitioner Evolvement submissions
- **2.1.5.4** Practitioner Review Committee sends their recommendation to SOBI Office for Board of Directors
- **2.1.5.5** Recommendations accepted and trainees are notified
- **2.1.5.6** Committee has 3 members
- **2.1.5.7** Serve for 3 years beginning in September
- **2.1.5.8** One new member each year, one member retires
- **2.1.5.9** Board of Directors appoints committee members
- **2.1.5.10** Committee Members may be Advanced Practitioners and Instructors, with one instructor on each committee session
- **2.1.5.11** If the applicant's training program documentation is incomplete, the committee will alert the applicant's Advisor of missing material and mark their evolvement request pending receipt of the missing material.

Revision Date: 2006.03.10

### 2.2 Types of Members

#### 2.2.1 Student Members

- **2.2.1.1** Can state they are a member of the Society of Ortho-Bionomy International
- **2.2.1.2** Listed in Member Directory
- **2.2.1.3** Listed on-line Member Online Searches
- 2.2.1.4 No Continuing Education requirements

#### 2.2.2 Associate Members

- **2.2.2.1** Listed in public Ortho-Bionomy web-site searches, 'Find a Practitioner' search
- **2.2.2.2** Have publicly viewable online profile and web presence
- **2.2.2.3** May vote on Board of Director elections

#### 2.2.3 Practitioner Members

- **2.2.3.1** Listed in public Ortho-Bionomy web-site searches, 'Find a Practitioner' search
- **2.2.3.2** Have publicly viewable online profile and web presence
- **2.2.3.3** May vote on Board of Director elections and General Policy
- **2.2.3.4** May do Lecture/Demonstrations
- **2.2.3.5** May do Self-care/homework with clients as part of session
- **2.2.3.6** May not teach Ortho-Bionomy or Ortho-Bionomy Self-care to groups/workshops

- **2.2.3.7** In Training programs
  - **2.2.3.7.1** Can give Sessions to Practitioner and Advanced Practitioner trainees
- **2.2.3.8** They cannot do Feedback Sessions, Evaluation Sessions or Consultations

#### 2.2.4 Advanced Practitioner Members

- 2.2.4.1 Vote on Board of Directors Elections and General Policy
- **2.2.4.2** Complete 16 units of Ortho-Bionomy Continuing Education every 2 years Ortho-Bionomy class or attending full SOBI Conference
- **2.2.4.3** Listed on public OB website searches, 'Find a Practitioner', have web presence
- **2.2.4.4** May do Lecture/Demonstrations
- **2.2.4.5** May do Self-care/homework with clients as part of session
- **2.2.4.6** May not teach Ortho-Bionomy or Ortho-Bionomy Self Care to groups/workshops
- **2.2.4.7** In Training programs
  - **2.2.4.7.1** Can give Sessions to Practitioner and Advanced Practitioner trainees
- **2.2.4.8** Cannot be Advisor, or do Evaluations, Consultations, Feedback Sessions

Revision Date: 2016.12.01

#### 2.3 Training Programs

#### 2.3.1 Training Program Evolvement Delay

Training Program Evolvement Delay can be delayed by the Board of Directors until outstanding grievances are resolved.

Revision Date: 2006.06.26

#### 2.3.2 Associate Training Segment of the Practitioner Training Program

Includes completion of 114 units of Ortho-Bionomy instruction (which also counts toward the Practitioner Training Program (PTP) consisting of:

- **2.3.2.1** 32 units of Basics/Phase Four
- **2.3.2.2** 16 units of Phase Five
- **2.3.2.3** 16 units of Phase Six
- **2.3.2.4** 3, 8, 16 Units of Ethics see below for options:
  - **2.3.2.4.1** Tutorial: 3 hour Ethics Tutorial with Ortho-Bionomy Instructor
  - **2.3.2.4.2** Ethics and Emotions class 8 or 16 unit Ortho-Bionomy Ethics class
- **2.3.2.5** Completed Electives to add up to 114 total units completed
- **2.3.2.6** The Associate units transfer directly to the Practitioner Training Program (PTP)
- 2.3.2.7 1 session Receive a session from a Registered Practitioner or Advanced Practitioner, or any level of Instructor (counts in the PTP)
- **2.3.2.8** 1 session Give a session for feedback to an Instructor (counts in the PTP)
- **2.3.2.9** Paid Membership fee
- **2.3.2.10** Sent completed form to SOBI Office

#### **2.3.2.11** Become an Associate once SOBI Office notifies trainee of receipt and approval

## 2.3.3 Practitioner Training Program Section

Refer to the Practitioner Training Handbook for full Program Details and descriptions. For Clarity, the Training section also includes some procedures.

#### **2.3.3.1** Entrance

#### **Entrance** into the Practitioner Training program

- **2.3.3.1.1** Must be a SOBI member -or-
- **2.3.3.1.2** Join as member at same time as apply to Practitioner Training Program
- **2.3.3.1.3** Pay enrollment fee

Revision Date: 2011.06.16

#### 2.3.3.2 Practitioner Training Program Curriculum Units

unit approx. 1 hour

- **2.3.3.2.1** 64 Phase IV
- **2.3.3.2.2** 16 Phase V
- **2.3.3.2.3** 16 Phase VI
- **2.3.3.2.4** 16 Practitioner Training Seminar
- **2.3.3.2.5** 16 Postural Re-education and Post Techniques
- **2.3.3.2.6** 16 Isometrics and Isotonics
- **2.3.3.2.7** 16 Exploration of Movement Patterns
- **2.3.3.2.8** 16 Chapman's Neurolymphatic Reflexes
- **2.3.3.2.9** 16 Ethics and Emotional Issues
- **2.3.3.2.10** 16 Demonstration Skills
- **2.3.3.2.11** 16 Elective(s)
- **2.3.3.2.12** 18 Study Group (six 3 unit min)
- **2.3.3.2.13** 40 Residential (5 day minimum)
- **2.3.3.2.14** 8 Sessions Received from Practitioner/Instructors
- **2.3.3.2.15** 3 Feedback Sessions on Advisor/Instructors
- **2.3.3.2.16** 9 Consultations with Advisor/Instructors
- **2.3.3.2.17** 3 Evaluations-Documented session on Advisor/Instructors
- **2.3.3.2.18** 1 Supervised Demonstration Documented
- **2.3.3.2.19** 1 Essay
- 2.3.3.2.20 150 Documented Sessions
- **2.3.3.2.21** 16 Elements of a Successful Practice (can be waived, see Practitioner Handbook)
- **2.3.3.2.22** 32 Anatomy and Physiology (can be waived, see Practitioner Handbook)

Revision Date: 2006.06.26

#### **2.3.3.3** Practitioner Training Program - Who can Support in your Training

Revision Date: 2016.12.01

- **2.3.3.3.1** Advisor All Instructor levels, Associate Instructor through to Advanced Instructor
- **2.3.3.3.2** Receive Sessions from Practitioner through to Advanced Instructor
- **2.3.3.3.3 Feedback Session** given to Associate Instructor through to Advanced Instructor
- **2.3.3.3.4 Evaluation Session** given to Associate Instructor through to Advanced Instructor with at least one given to your Advisor
- **2.3.3.3.5 Consultation** Associate Instructor through to Advanced Instructor
- **2.3.3.3.6 Study Group** Associate Instructor through to Advanced Instructor

Revision Date: 2011.06.16

**2.3.3.3.7 Study Groups** – In Study Groups, Associate Instructors and Instructors may only teach materials based on the classes that they are approved to teach.

Revision Date: 2005.01.19

- **2.3.3.4** Practitioner Advisor Guidelines and Responsibilities
  - **2.3.3.4.1** Advisor Registered Associate Instructor, Instructor, Associate Advanced Instructor, Advanced Instructor
  - **2.3.3.4.2** Responsible to review and confirm curriculum's requirements have been met at each level of training
  - **2.3.3.4.3** Complete Consultations with Advisee
  - **2.3.3.4.4** Receive an Evaluation session from Trainee
  - **2.3.3.4.5** Discuss and sign-off on Waivers for Trainee, if applicable
  - **2.3.3.4.6** Review and confirm paperwork is in order for Trainee
  - **2.3.3.4.7** Recommends trainee to evolve to Practitioner
  - **2.3.3.4.8** Will be the contact for the Practitioner Review Committee and the Board for the applicant, if there are questions on the paperwork

Revision Date: 2011.06.16

- **2.3.3.5** Feedback Session details in Practitioner Program, three given to:
  - **2.3.3.5.1** Registered Associate Instructor to Advanced Instructor

Revision Date: 2016.12.01

- **2.3.3.5.2** 1 of the 3 feedbacks should be with your Advisor
- **2.3.3.5.3** Feedbacks are written on Practitioner Training Program Record form

Revision Date: 2011.06.16

- **2.3.3.6** Evaluation Sessions in Practitioner Program, three given to:
  - **2.3.3.6.1** Associate Instructor through Advanced Instructor

Revision Date: 2016.12.01

- **2.3.3.6.2** 1 of the 3 evaluations should be with your Advisor
- **2.3.3.6.3** Evaluating advisor/instructor will write an Evaluation letter to include with training program documentation submission

Revision Date: 2011.06.16

- **2.3.3.7** Waivers for Anatomy and Physiology in Practitioner Program include:
  - **2.3.3.7.1** Waiver form provided by SOBI must be filled out and submitted
  - **2.3.3.7.2** Program Advisor approval
  - **2.3.3.7.3** Classes/Training used for waivers include:
    - **2.3.3.7.3.1** Course completed at local college
    - **2.3.3.7.3.2** Training in Massage School with equivalent hours
    - **2.3.3.7.3.3** Professional Training in the medical field
  - **2.3.3.7.4** Include letter from trainee requesting waiver
  - **2.3.3.7.5** Waivers should be approved by Practitioner Review Committee prior to submitting final request for Practitioner Evolvement
  - **2.3.3.7.6** See Practitioner Handbook for procedure/number of copies, etc.

Revision Date: 2007.09.01

- **2.3.3.8** Waivers for Elements of a Successful Practice in Practitioner Program Include:
  - **2.3.3.8.1** Waiver form provided by SOBI must be filled out and submitted
  - **2.3.3.8.2** Letter from Advisor supporting the waiver
  - **2.3.3.8.3** Classes/Training/Experience for waiver can include:
    - **2.3.3.8.3.1** Proof of business management and public relations experience
    - 2.3.3.8.3.2 Classes completed at college
    - **2.3.3.8.3.3** Work-related training
  - **2.3.3.8.4** Include letter from trainee requesting waiver
  - **2.3.3.8.5** Waivers should be approved by Practitioner Review Committee prior to submitting final request for Practitioner Evolvement
  - **2.3.3.8.6** See Practitioner Handbook for procedure/number of copies, etc.

Revision Date: 2007.09.01

**2.3.3.9** Classes can't be used in both Practitioner and Advanced Practitioner Program

You may not use the same class hours in Practitioner and Advanced Practitioner Training Program

Revision Date: 2007.09.01

**2.3.3.10** Classes are shared in Practitioner and Associate Training Programs

Associate and Practitioner Training classes may be shared, as Associate Training is part of the Practitioner Training Program

Revision Date: 2007.09.01

- **2.3.3.11** Animal Clientele (i.e. equine and canine) courses can be used as electives for:
  - **2.3.3.11.1** 16 units of Practitioner Training
  - 2.3.3.11.2 32 units of Advanced Practitioner Training

Revision Date: 2018.02.09

- **2.3.3.12** Consultations/Private discussions in Practitioner Training
  - **2.3.3.12.1** Nine consultations
  - **2.3.3.12.2** With Associate Instructors, Instructors or Advanced Instructors
  - **2.3.3.12.3** It is recommended that some be with the Trainee's advisor

Revision date: 2007.09.01

- 2.3.3.13 Study Groups in Practitioner Training
  - **2.3.3.13.1** 6 three-hour Study Groups
  - **2.3.3.13.2** Can be led by Associate Instructor through to Advanced Instructor
  - **2.3.3.13.3** 2 of the 6 study groups can be additional classes with Advisor approval

Revision Date: 2007.09.01

- 2.3.3.14 Documented Sessions for Practitioner Training
  - **2.3.3.14.1** 150 documented sessions of entirely Ortho-Bionomy
  - **2.3.3.14.2** Minimum of 20 different people
  - **2.3.3.14.3** Each session a minimum of 30 minutes
  - **2.3.3.14.4** Check in with Advisor on how to document

Revision Date: 2007.09.01

- **2.3.3.15** Demonstration Requirement in Practitioner Program
  - **2.3.3.15.1** Given as an introduction to Ortho-Bionomy
  - **2.3.3.15.2** Minimum of 4 attendees
  - **2.3.3.15.3** Observed and documented by an Ortho-Bionomy Instructor, either in person or video
  - **2.3.3.15.4** Letter of documentation by Instructor for trainee's Practitioner portfolio

Revision Date: 2007.09.01

- **2.3.3.16** Essay for Practitioner Training
  - **2.3.3.16.1** Typed essay by applicant, at least one page in length
  - **2.3.3.16.2** What the philosophy and principles of Ortho-Bionomy mean to the applicant personally and professionally

Revision Date: 2007.09.01

#### **2.3.3.17** Request for evolvement to Practitioner

2.3.3.17.1	Completed Practitioner Evolvement Packet Includes:	
2.3.3.17	.1.1	Completed Program Record form
2.3.3.17	.1.2	3 evaluation letters
2.3.3.17	.1.3	1 essay
2.3.3.17	.1.4	1 letter requesting evolvement or evolvement form by applicant
2.3.3.17	.1.5	1 letter from Instructor regarding demonstration
2.3.3.17	.1.6	Approved Waiver form, signed by PRC Chair
2.3.3.17.2	Evolvement fee paid	
2.3.3.17.3	<b>7.3</b> 4 copies of training program documentation sent and 1 emailed to SOE	
	Office for Practitioner Committee	
2.3.3.17.4	2.3.3.17.4 Practitioner Review Committee meets Mar. 15, Jun. 15, Sep. 15, Dec. 1	

2.3.3.17.6 Recommendations accepted by Board and applicants are notified

Revision Date: 2007.09.01

2.3.3.17.5

#### 2.3.4 Advanced Practitioner Training Program

Refer to the Advanced Practitioner Training Handbook for Program Details for Clarity, the training section also includes some procedures

Practitioner Review Committee sends recommendations to SOBI Office for

2.3.4.1	Advanced	Practitioner P	rogram -	Who can b	e vour
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- **2.3.4.1.1** Advisor Registered Associate Instructor through to Advanced Instructor
- **2.3.4.1.2 Receive Sessions** Practitioner through to Advanced Instructor
- **2.3.4.1.3** Feedback Session given to Associate Instructor through to Advanced Instructor
- **2.3.4.1.4 Evaluation Session** give to Associate Instructor through to Advanced Instructor
  - **2.3.4.1.4.1** At least one with Trainee's Advisor
- **2.3.4.1.5 Consultation** Associate Instructor through to Advanced Instructor
- **2.3.4.1.6 Study Group** Associate Instructor through to Advanced Instructor

Revision Date: 2016.12.01

#### **2.3.4.2** Advanced Practitioner Advisor Guidelines and Responsibilities

- **2.3.4.2.1** Advisor is Associate Instructor through Advanced Instructor
- **2.3.4.2.2** Responsible to review and confirm curriculum and program requirements have been met at each level of training
- **2.3.4.2.3** Receive sessions from Trainee for Feedback and Evaluation
- **2.3.4.2.4** Complete Consultations

2.3.4.2.5	Review and confirm training program documentation is in order for
	Trainee
2.3.4.2.6	Mentor and support trainee through the Advanced Practitioner Training
	Program
2.3.4.2.7	Recommends applicant to evolve to Advanced Practitioner
2.3.4.2.8	Discusses elective options – ie. Class Elective, Community Project,
	Research/Case Study
2.3.4.2.9	Will be the contact for Practitioner Review Committee or Board for the
	applicant if there are questions on the training program documentation

Revision Date: 2011.06.16

#### **2.3.4.3** Advanced Practitioner – Entrance

- **2.3.4.3.1** Must be a SOBI member in good standing
- **2.3.4.3.2** 375 units complete in Practitioner Training Program
- **2.3.4.3.3** Pay enrollment fee

Revision Date: 2011.06.16

## **2.3.4.4** Advanced Practitioner Training Program Curriculum in Units unit approx 1 hour

unit approx. 1 hour		
2.3.4.4.1	16 Phase IV	
2.3.4.4.2	16 Phase V	
2.3.4.4.3	16 Phase VI	
2.3.4.4.4	8 Phase VII	
2.3.4.4.5	16 Postural Re-education and Post Techniques	
2.3.4.4.6	16 Isometrics and Isotonics	
2.3.4.4.7	16 Exploration of Movement Patterns	
2.3.4.4.8	16 Chapman's Neurolymphatic Reflexes	
2.3.4.4.9	16 Ethics and Emotional Issues	
2.3.4.4.10	16 Cranial	
2.3.4.4.11	120 Electives, Projects or Case Studies	
2.3.4.4.12	18 Study Group (six 3-unit min)	
2.3.4.4.13	40 Residential (5 day minimum)	
2.3.4.4.14	8 Sessions Received from Practitioner/Instructors	

2.3.4.4.16 8 Consultations with Advisor/Instructors
2.3.4.4.17 3 Evaluations-Documented session on Advisor/Instructors
2.3.4.4.18 1 Supervised Demonstration – Documented

3 Feedback Sessions on Advisor/Instructors

**2.3.4.4.19** 1 Essay

**2.3.4.4.20** 150 Documented Sessions

Revision Date: 2006.06.26

2.3.4.4.15

- **2.3.4.5** Feedback Session details in Advanced Practitioner Program:
  - **2.3.4.5.1** Written on applicant's Advanced Practitioner Training Program Record
  - **2.3.4.5.2** Complete 3 Feedback sessions
  - **2.3.4.5.3** Given to Registered Instructors, including Associate Instructor
  - 2.3.4.5.4 1 of the 3 Feedbacks should be with the Trainee's Advisor

Revision Date: 2011.06.16

- **2.3.4.6** Evaluation Sessions in Advanced Practitioner Program, three given to
  - **2.3.4.6.1** Associate Instructor through to Advanced Instructor
  - 2.3.4.6.2 1 of the 3 evaluations should be with the Trainee's Advisor
  - **2.3.4.6.3** Evaluating Advisors/Instructors will type an Evaluation letter to include with the Trainee's program documentation submission

Revision Date: 2011.06.16

2.3.4.7 Classes can't be used in both Practitioner & Advanced Practitioner Program

You may not use the same class hours in Practitioner and Advanced Practitioner Training Program

Note: this policy is the same as 2.3.3.9

Revision Date: 2007.09.01

- **2.3.4.8** Animal clientele (i.e. Equine and canine) courses can be used as electives for:
  - **2.3.4.8.1** 16 units of Practitioner Training
  - **2.3.4.8.2** 32 units of Advanced Practitioner Training

Note: this policy is the same as 2.3.3.11

Revision Date: 2018.02.09

- **2.3.4.9** Consultations/Private discussions in Advanced Practitioner Training:
  - **2.3.4.9.1** Eight consultations
  - **2.3.4.9.2** With Associate Instructors to Advanced Instructors
  - **2.3.4.9.3** Suggest that some be with the Trainee's Advisor

Revision: 2007.09.01

- **2.3.4.10** Study Groups in Advanced Practitioner Program:
  - **2.3.4.10.1** 6 three-hour Study Groups
  - 2.3.4.10.2 Can be led by Associate Instructor through to Advanced Instructor
  - **2.3.4.10.3** 2 of the 6 study groups can be additional classes with the Advisor's approval

Revision: 2007.09.01

- **2.3.4.11** Documented Sessions for Advanced Practitioner Training:
  - **2.3.4.11.1** 150 documented sessions of entirely Ortho-Bionomy

2.3.4.11.2	Minimum of 20 different people
2.3.4.11.3	Each session a minimum of 30 minutes
2.3.4.11.4	Check in with Advisor on how to document

Revision: 2007.09.01

#### **2.3.4.12** Electives in Advanced Practitioner Program

Options of class, project, case study or a combination of these options:

- **2.3.4.12.1** 120 units of Ortho-Bionomy classes –or–
- **2.3.4.12.2** Complete 1-5 Case studies of 4 sessions –or–
- **2.3.4.12.3** Project Research Project or Community Service Project

Revision Date: 2011.06.16

#### **2.3.4.13** Documented Case Study for Advanced Practitioner Training:

- **2.3.4.13.1** One to Five Case studies
- **2.3.4.13.2** At least 4 sessions per client/case study
- **2.3.4.13.3** Documented change in client over time
- **2.3.4.13.4** Include:
  - **2.3.4.13.4.1** Subjective complaints
  - **2.3.4.13.4.2** Medical History
  - **2.3.4.13.4.3** Objective Findings
  - **2.3.4.13.4.4** Assessment of subjective & objective findings
  - **2.3.4.13.4.5** Description of sessions
  - **2.3.4.13.4.6** Techniques used
  - **2.3.4.13.4.7** Response of client
  - **2.3.4.13.4.8** Trainee's Conclusions
- **2.3.4.13.5** Trainee to check in with Advisor on documentation

Revision Date: 2006.03.10

#### **2.3.4.14** Elective Projects for Advanced Practitioner Training:

- **2.3.4.14.1** Research project or
- **2.3.4.14.2** Ortho-Bionomy related community service project
- **2.3.4.14.3** Designed by the applicant and Advisor
- **2.3.4.14.4** Include a report that can be sent with your final program documentation
- **2.3.4.14.5** Could be an academic research project
- **2.3.4.14.6** Could be community service with a specific group
- **2.3.4.14.7** Check in with Advisor on documentation
- 2.3.4.14.8 See the Advanced Practitioner Training handbook for ideas and details

Revision Date: 2006.03.10

2.3.4.15.1	Given as an introduction to Ortho-Bionomy
2.3.4.15.2	Minimum of 4 attendees
224452	Observed and deconstant by an Oatha Biananay Instructor without

Demonstration requirement in Advanced Practitioner Program:

**2.3.4.15.3** Observed and documented by an Ortho-Bionomy Instructor, either in person or video

**2.3.4.15.4** Letter of documentation by Instructor for Advanced Practitioner portfolio

Revision Date: 2006.03.10

2.3.4.15

#### **2.3.4.16** Essay for Advanced Practitioner Training

- **2.3.4.16.1** Typed essay by applicant, at least 1 page in length
- **2.3.4.16.2** What the Philosophy and Principles of Ortho-Bionomy mean to the applicant personally and professionally

Revision: 2007.09.01

#### **2.3.4.17** Request for Evolvement to Advanced Practitioner:

2.3.4.17.1	Completed Advanced Practition	er Training Program

- **2.3.4.17.2** Completed Program Record form
- **2.3.4.17.3** 3 typed Evaluation letters
- **2.3.4.17.4** 1 essay
- **2.3.4.17.5** 1 letter requesting evolvement or evolvement form by applicant
- **2.3.4.17.6** 1 letter from Instructor regarding demonstration
- **2.3.4.17.7** Evolvement fee
- **2.3.4.17.8** 4 copies of training program documentation sent to SOBI office
- 2.3.4.17.9 Evolvement fee paid
- **2.3.4.17.10** Submit for Practitioner Review Committee by Mar. 15, Jun. 15, Sept. 15, Dec. 15
- **2.3.4.17.11** Practitioner Review Committee sends their recommendation to SOBI Office for Board of Directors approval
- **2.3.4.17.12** Recommendations accepted and trainees are notified

Revision Date: 2011.06.16

## **Section 6: Addendum**

#### **6.1** Abbreviations Key and Definition:

- BoD Board of Directors
- CRC Curriculum Review Committee
- IRC Instructor Review Committee
- ITS Instructor Training Seminar

- PRC Practitioner Review Committee
- PTP Practitioner Training Program

#### 6.2 Definitions

#### **6.2.1** Classes

- **6.2.1.1 Unit:** 1 class unit is 1 hour (class units do not include lunches or homework but may include breaks) [2024.03.18]
- **Phase 4 Classes:** Standard Phase 4, Postural Re-Education & Post Techniques, Isometrics & Isotonics, Exploration of Movement, Self-Care, In-Depth Phase 4, and Non-Standard Phase 4 [2024.04.18]
- 6.2.1.3 Standard Phase 4: Phase 4 Techniques for the major structures of the body that every Instructor is responsible to know. Standard classes are Phase 4 Spine, Phase 4 Extremities, and Phase 4 Whole Body. Titles of Standard Phase 4 classes may differ and content may have some minor variation, but should be essentially the same in any Registered Ortho-Bionomy Instructor classroom. Standard Phase 4 classes may include Cervical, Thoracic, and Lumbar Spine; Ribs; Psoas; Ilium; Sacrum; Femur; Knee; Ankle; Foot; Shoulder; Elbow; Wrist; Hand. [2024.03.18]
- 6.2.1.4 In-Depth and Non-Standard Phase 4: Classes for areas of the body that are based on more in-depth anatomy or methods that go beyond the standard material while still staying within Phase 4. These may be developed by the Instructor in their practice or learned elsewhere. These may be different based on the Instructor teaching them, yet all share the commonality of Phase 4 principles and techniques. [2024.03.18]
- **6.2.1.5 Blended Phases and Advanced:** Classes that specifically combine more than one Phase in a single class. Taught only by Associate Advanced Instructors (approved levels only) and Advanced Instructors. These classes will be credited as electives. [2024.03.18]

#### 6.2.2 Practitioner and Advanced Practitioner

**6.2.2.1 Supervised Demonstration:** A Supervised Demonstration is a lecture/presentation of Ortho-Bionomy given by the trainee and observed and documented by a Supervising Instructor. [2024.03.18]

#### 6.2.3 Instructor and Advanced Instructor

- **6.2.3.1 Active Teaching:** Minimum of three classes taught per year. This definition is used in Instructor Training and Advanced Instructor Training advising/supervising requirements. This definition does not apply to Instructor membership status. [2013.02.01] [2024.03.18]
- **6.2.3.2 Observation/Bench Assist:** Bench Assisting is the first stage of learning to teach a class and can range from observation only to assisting at tables during practice to teaching demos during class. [2024.03.18]

- **Co-Teach:** Part of Instructor Training, Advanced Instructor Training, and the approval process to teach certain classes after becoming an Instructor. A Co-Teach includes all aspects of teaching the class. The trainee/Instructor is responsible for 50% of all aspects of teaching the class. If a trainee/Instructor teaches less than 50% of the class this would count as a Bench Assist instead of a Co-Teach. [2024.03.18]
- **Collaborative/Team Teach:** Two Instructors, neither of whom are in training, who are teaching together. The use of the term co-teach does not apply. [2024.03.18]
- **Supervised Teach:** An Ortho-Bionomy class presented by a trainee and supervised by a Supervising Instructor. During a Supervised Teach, a trainee is responsible for every aspect of the class. [2024.03.18]
- **6.2.3.6 Supervising Instructor:** The Instructor who supervises a Bench Assist, Co-Teach, or Supervised Teach.

During Bench Assists and Co-Teaches the Supervising Instructor is ultimately responsible for the learning experience of the students in the class as well as for giving feedback to the trainee/Instructor who is doing the Bench Assist or Co-Teach.

After a Co-Teach to add a class, the Supervising Instructor determines if the Instructor is qualified to teach that class solo and if so, provides a letter of approval.

During a Supervised Teach the Supervising Instructor is completely in the role of observing a trainee's teaching, giving feedback outside of class, and writing an evaluation. During a Supervised Teach class credit is given to the students by the Supervising Instructor. [2024.03.18]

#### 6.2.4 General

- **6.2.4.1 In Good Standing** Current member, dues paid, no grievances, signed trademark, Code of Ethics agreements on file. Instructor members also must have signed Instructor/Board agreement on file
- **6.2.4.2** Policy Protocol, requirements, definition or rules to be followed
- **6.2.4.3 Procedure** Actions, operations, function, methods or steps followed to execute protocol
- **6.2.4.4 SOBI Administrative Policy (Admin)** Protocol utilized to define the organization's structure
- **6.2.4.5 SOBI Training Policy (Train)** Protocol utilized to define SOBI training

#### 6.3 Date Format

Dates in the policy are formatted yyyy.mm.dd

Dates that follow a policy section indicate when that section was either created or revised

## 6.4 Miscellaneous Information

These Policies have been pulled from their original documents and placed into a numbered format.

Note: There are instances where procedure is included in this Policy document, to provide clarity of the Policy.