Society of Ortho-Bionomy International®

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Section 2: Student, Associate, Practitioner, and Advanced Practitioner — Membership and Training Policy

2.1 Membership

2.1.1 Current Membership

2.1.1.1 Student members pay annual dues, but do not have Continuing Education requirements

2.1.1.2 Associate members, Practitioners, and Advanced Practitioners pay dues annually and complete one of the following Continuing Education options, every two years:

2.1.1.2.1 Sixteen units of Ortho-Bionomy classes

2.1.1.2.2 Attend the SOBI conference

[2011.04.26] [2025.10.22]

2.2 Types of Members

2.2.1 Student Members

2.2.1.1 Listed in internal member directory [2025.10.22]

2.2.2 Associate Members

2.2.2.1 Listed in internal and public member directory [2025.10.22]

2.2.2.2 Have publicly viewable online profile and web presence [2005.04.07]

2.2.2.3 May vote on Board of Director elections

2.2.3 Practitioner Members

2.2.3.1 Listed in internal and public member directory

2.2.3.2 Have publicly viewable online profile and web presence

2.2.3.3 May vote on Board of Director elections and General Policy

2.2.3.4 May do Lecture/Demonstrations

2.2.3.5 Can give sessions to trainees in the Practitioner Training Program and Advanced Practitioner Training Program

2.2.3.6 May not do Feedback Sessions, Evaluation Sessions, Consultations, or be an advisor

[2025.10.22]

2.2.4 Advanced Practitioner Members

2.2.4.1 Vote on Board of Directors Elections and General Policy

2.2.4.2 Listed in internal and public member directory

2.2.4.3 May do Lecture/Demonstrations

2.2.4.4 Can give sessions to trainees in the Practitioner Training Program and Advanced Practitioner Training Program

2.2.4.5 May not do Feedback Sessions, Evaluation Sessions, Consultations, or be an advisor

[2016.12.01] [2025.10.22]

2.3 Ortho-Bionomy Self-Care

2.3.1 Student Members

2.3.1.1 Any member who has attended a Phase 4, Ortho-Bionomy Self-Care, or Postural Re-Education & Post Techniques class may share Ortho-Bionomy Self-Care with friends and family

2.3.1.2 May not offer Ortho-Bionomy Self-Care as a paid service

2.3.2 Associate Members and Above

2.3.2.1 May share Ortho-Bionomy Self-Care with their clients as part of a session

2.3.2.2 May share Ortho-Bionomy Self-Care with a group

2.3.2.3 Must clearly state their SOBI member status

2.3.3 Student Members—Associate Instructors

2.3.3.1 May not represent themselves as an instructor of Ortho-Bionomy

2.3.3.2 May not represent Ortho-Bionomy Self-Care as a class for credit

[2025.07.10] [2025.10.22]

2.4 Training Programs

2.4.1 Class Requirements

2.4.1.1 All classes must be completed with qualified SOBI instructors or international instructors approved under the international policy [2025.10.22]

[see Section 3: What Level of Instructors and Experience Can Train Practitioners and Advanced Practitioners]

2.4.2 Evolvement Delay

2.4.2.1 Any evolvements can be delayed by the Board of Directors until outstanding grievances are resolved [2006.06.26]

2.4.3 Associate Training Segment of the Practitioner Training Program

2.4.3.1 Complete 114 units of Ortho-Bionomy instruction (all units count toward the Practitioner Training Program). Units consist of:

2.4.3.1.1 32 Phase Four

2.4.3.1.2 16 Phase Five

2.4.3.1.3 16 Phase Six

2.4.3.1.4 3, 8, 16 Units of Ethics see below for options:

2.4.3.1.4.1 3-hour Ethics of Practice consultation or study group with an Ortho-Bionomy instructor [2025.10.22]

2.4.3.1.4.2 Ethics and Emotions class – 8 or 16 unit Ortho-Bionomy Ethics class [2004.09.30]

2.4.3.1.5 Completed Electives to add up to 114 total units completed

2.4.3.2 1 Session Received – Receive a session from a registered Practitioner, Advanced Practitioner, or any level of instructor (counts in the PTP) [2004.09.30]

2.4.3.3 1 Feedback Session – Give a session for feedback to any level of instructor (counts in the PTP)

2.4.3.4 Request to become/evolve to Associate

2.4.3.4.1 Associate submission includes:

2.4.3.4.1.1 Associate evolvement request form

2.4.3.4.1.2 Appropriate pages of Practitioner Training Program Record showing completion of required 114 units of Associate training

2.4.3.4.2 Packet sent to SOBI office

2.4.3.4.3 Membership fee paid

2.4.3.4.4 SOBI office notifies applicant of receipt and evolvement status

2.4.3.5 Associate training is part of the Practitioner Training Program; therefore, the Associate units, including all classes and sessions, transfer directly to the Practitioner Training Program [2007.09.01]

[2025.10.22]

2.4.4 Practitioner Training Program (PTP)

Refer to the Practitioner Training Program handbook for full program details and descriptions. For clarity, this training section also includes some procedures.

2.4.4.1 Entrance into the PTP

2.4.4.1.1 Must be a SOBI member or join as a member at the same time as applying to the program

2.4.4.1.2 Apply to the program

2.4.4.1.3 Pay enrollment fee

[2011.06.16] [2025.10.22]

2.4.4.2 Practitioner Training Program Curriculum Units

2.4.4.2.1 64 Phase 4

2.4.4.2.2 16 Phase 5

2.4.4.2.3 16 Phase 6

2.4.4.2.4 16 Practitioner Training Seminar

2.4.4.2.5 16 Postural Re-education and Post Techniques

2.4.4.2.6 16 Isometrics and Isotonics

2.4.4.2.7 16 Exploration of Movement Patterns

2.4.4.2.8 16 Chapman's Neurolymphatic Reflexes

2.4.4.2.9 16 Ethics and Emotional Issues

2.4.4.2.10 16 Demonstration Skills

2.4.4.2.11 16 Elective(s)

2.4.4.2.12 18 Study Group (minimum of six 3-unit groups)

2.4.4.2.13 40 Residential (5 consecutive day minimum)

2.4.4.2.14 8 Sessions Received

2.4.4.2.15 3 Feedback Sessions

2.4.4.2.16 9 Consultations

2.4.4.2.17 3 Evaluation Sessions

2.4.4.2.18 1 Supervised Lecture/Demonstration

2.4.4.2.19 1 Essay

2.4.4.2.20 150 Documented Sessions

2.4.4.2.21 16 Elements of a Successful Practice (can be waived, see Waivers section)

2.4.4.2.22 32 Anatomy and Physiology (can be waived, see Waivers section)

[2006.06.26] [2025.10.22]

2.4.4.3 PTP Support Role Requirements

2.4.4.3.1 **Advisor**: Associate Instructor through Advanced Instructor

2.4.4.3.2 **Sessions Received:** from Practitioner through Advanced Instructor

2.4.4.3.3 **Feedback Sessions:** given to Associate Instructor through Advanced Instructor

2.4.4.3.4 **Consultations:** Associate Instructor through Advanced Instructor

2.4.4.3.5 **Evaluation Sessions:** given to Associate Instructor through Advanced Instructor

2.4.4.3.6 **Study Groups:** Associate Instructor through Advanced Instructor

2.4.4.3.7 **Supervised Demonstration**: Associate Instructor to Advanced Instructor

[2011.06.16] [2016.12.01] [2025.10.22]

2.4.4.4 Practitioner Advisor Guidelines and Responsibilities

2.4.4.4.1 Advisor is a SOBI registered Associate Instructor, Instructor, Associate Advanced Instructor, or Advanced Instructor

2.4.4.4.2 Responsible to review and confirm curriculum's requirements have been met

2.4.4.4.3 Receive a Feedback Session from trainee

2.4.4.4.4 Complete Consultations with trainee

2.4.4.4.5 Receive an Evaluation Session from trainee

2.4.4.4.6 Discuss and sign-off on waivers for trainee, if applicable

2.4.4.4.7 Review and confirm paperwork is in order for trainee

2.4.4.4.8 Recommends trainee to evolve to Practitioner

2.4.4.4.9 Will be the contact for the Practitioner Review Committee and the Board for the applicant, if there are questions on the paperwork

[2011.06.16] [2025.10.22]

2.4.4.5 Sessions Received

2.4.4.5.1 Eight sessions

2.4.4.5.2 Received from Practitioner(s) to Advanced Instructor(s)

[2025.10.22]

2.4.4.6 Feedback Sessions

2.4.4.6.1 Three sessions

2.4.4.6.2 Given to registered Associate Instructor(s) through Advanced Instructor(s)
Revision Date: 2016.12.01

2.4.4.6.3 One of the three sessions must be with the trainee's advisor

2.4.4.6.4 Feedback is recorded on the Practitioner Training Program Record

[2011.06.16] [2025.10.22]

2.4.4.7 Consultations

2.4.4.7.1 Nine consultations/private discussions

2.4.4.7.2 Conducted with Associate Instructor(s) through Advanced Instructor(s)

2.4.4.7.3 It is recommended that some be with the trainee's advisor

[2025.10.22]

2.4.4.8 Evaluation Sessions

2.4.4.8.1 Three sessions

2.4.4.8.2 Given to Associate Instructor(s) through Advanced Instructor(s)

2.4.4.8.3 One of the three sessions must be with the trainee's advisor

2.4.4.8.4 Evaluating advisor/instructor provides evaluation letter to trainee

[2025.10.22]

2.4.4.9 Study Groups

2.4.4.9.1 Six three-hour study groups

2.4.4.9.2 With advisor approval, two of the six study groups can be additional classes [2006.06.26]

[2025.10.22]

2.4.4.10 Supervised Lecture/Demonstration

2.4.4.10.1 Given as an introduction to Ortho-Bionomy

2.4.4.10.2 Minimum of 4 attendees

2.4.4.10.3 Reviewed and documented by a Supervising Instructor

2.4.4.10.4 Letter of documentation by Supervising Instructor provided to trainee

[2007.09.01] [2025.10.22] [2026.02.26]

2.4.4.11 Essay

2.4.4.11.1 Typed essay by trainee, at least one page in length

2.4.4.11.2 What the philosophy and principles of Ortho-Bionomy mean to the trainee personally and professionally

[2007.09.01] [2025.10.22]

2.4.4.12 Documented Sessions

2.4.4.12.1 150 documented sessions of entirely Ortho-Bionomy

2.4.4.12.2 Minimum of 20 different people

2.4.4.12.3 Each session a minimum of 30 minutes

2.4.4.12.4 Consult with advisor on how to document

[2007.09.01] [2025.10.22]

2.4.4.13 Waivers for Elements of a Successful Practice

2.4.4.13.1 Complete waiver request submissions sent to SOBI office, including:

2.4.4.13.1.1 Waiver form

2.4.4.13.1.2 Letter from advisor supporting the waiver

2.4.4.13.1.3 Letter from applicant requesting the waiver

2.4.4.13.1.4 Documentation of classes/training used for waiver, including at least one of the following options:

2.4.4.13.1.4.1 Proof of business management and public relations experience

2.4.4.13.1.4.2 Classes completed at college

2.4.4.13.1.4.3 Work-related training

2.4.4.13.2 Applicant must submit waiver request and receive approval prior to submitting final request for Practitioner evolvement

2.4.4.13.3 See Practitioner Handbook for procedure, details, etc.

[2006.06.26] [2025.10.22]

2.4.4.14 Waivers for Anatomy and Physiology

2.4.4.14.1 Advisor approval required

2.4.4.14.2 Complete waiver request submissions sent to SOBI office, including:

2.4.4.14.2.1 Waiver form

2.4.4.14.2.2 Letter from applicant requesting the waiver

2.4.4.14.2.3 Documentation of classes/training used for waiver, including at least one of the following options:

2.4.4.14.2.3.1 Classes completed at college

2.4.4.14.2.3.2 Training in massage school with equivalent hours

2.4.4.14.2.3.3 Professional training in the medical field

2.4.4.14.3 Applicant must submit waiver request and receive approval prior to submitting final request for Practitioner evolvement

2.4.4.14.4 See Practitioner Handbook for procedure, details, etc.

[2006.06.26] [2025.10.22]

2.4.4.15 Miscellaneous Electives

2.4.4.15.1 Animal clientele courses (e.g., equine and canine) can be used as 16 units of electives

2.4.4.15.2 Units from attending the full SOBI conference can be used as electives

[2018.02.09] [2025.10.22]

2.4.4.16 Request for evolvement to Practitioner

2.4.4.16.1 Practitioner evolvement submission includes:

2.4.4.16.1.1 Evolvement request form from applicant

2.4.4.16.1.2 Completed Practitioner Training Program Record form

2.4.4.16.1.3 Approved waiver form(s) (when applicable), signed by PRC Chair

2.4.4.16.1.4 One typed essay

2.4.4.16.1.5 Three typed evaluation letters

2.4.4.16.1.6 Typed Supervised Demonstration documentation letter from the Supervising Instructor

2.4.4.16.2 Submission materials emailed to SOBI office for next Practitioner Review Committee cycle

[see Practitioner Review Committee section for cycle dates]

2.4.4.16.3 Evolvement fee paid

2.4.4.16.4 Practitioner Review Committee sends recommendation to SOBI office for Board of Directors review

2.4.4.16.5 Recommendation reviewed by Board; applicant is notified of Board's decision

[2007.09.01] [2025.10.22]

2.4.5 Clarification of Classes in Practitioner and Advanced Practitioner Training

2.4.5.1 The same classes cannot be used in both the Practitioner Training Program and the Advanced Practitioner Training Program

2.4.5.1.1 Additional in-person classes taken beyond the requirements of the Practitioner Training Program can transfer to the Advanced Practitioner Training Program

[2007.09.01] [2025.10.22]

2.4.6 Advanced Practitioner Training Program (APTP)

Refer to the Advanced Practitioner Training Handbook for full program details and descriptions. For clarity, this training section also includes some procedures.

2.4.6.1 Entrance into the APTP

2.4.6.1.1 Must be a SOBI member in good standing

2.4.6.1.2 Completed at least 375 units in the Practitioner Training Program

2.4.6.1.3 Submit application to the APTP

2.4.6.1.4 Pay enrollment fee

[2011.06.16] [2025.10.22]

2.4.6.2 Advanced Practitioner Training Program Curriculum Units

2.4.6.2.1 16 Phase 4

2.4.6.2.2 16 Phase 5

2.4.6.2.3 16 Phase 6

2.4.6.2.4 8 Phase 7 [2006.03.10]

2.4.6.2.5 16 Postural Re-education and Post Techniques

2.4.6.2.6 16 Isometrics and Isotonics

2.4.6.2.7 16 Exploration of Movement Patterns

2.4.6.2.8 16 Chapman's Neurolymphatic Reflexes

2.4.6.2.9 16 Ethics and Emotional Issues

2.4.6.2.10 16 Cranial

2.4.6.2.11 120 Electives, Projects or Case Studies

2.4.6.2.12 18 Study Group (minimum of six 3-unit groups)

2.4.6.2.13 40 Residential (5 consecutive day minimum)

2.4.6.2.14 8 Sessions Received

2.4.6.2.15 3 Feedback Sessions

2.4.6.2.16 8 Consultations

2.4.6.2.17 3 Evaluation Sessions

2.4.6.2.18 1 Supervised Lecture/Demonstration

2.4.6.2.19 1 Essay

2.4.6.2.20 150 Documented Sessions

[2006.06.26] [2025.10.22]

2.4.6.3 APTP Support Role Requirements

2.4.6.3.1 **Advisor**: Registered Associate Instructor through Advanced Instructor

2.4.6.3.2 **Sessions Received**: from Practitioner(s) through Advanced Instructor(s)

2.4.6.3.3 **Feedback Sessions**: given to Associate Instructor(s) through Advanced Instructor(s)

2.4.6.3.4 **Consultations:** Associate Instructor(s) through Advanced Instructor(s)

2.4.6.3.5 **Evaluation Sessions:** given to Associate Instructor(s) through Advanced Instructor(s)

2.4.6.3.6 **Study Groups:** Associate Instructor(s) through Advanced Instructor(s)

[2016.12.01] [2025.10.22]

2.4.6.4 Advanced Practitioner Advisor Guidelines and Responsibilities

2.4.6.4.1 Advisor is a SOBI registered Associate Instructor through Advanced Instructor

2.4.6.4.2 Responsible to review and confirm curriculum and program requirements have been met

2.4.6.4.3 Receive a Feedback Session from trainee

2.4.6.4.4 Receive an Evaluation Session from trainee

2.4.6.4.5 Complete Consultations with trainee

2.4.6.4.6 Review and confirm training program documentation is in order for Trainee

2.4.6.4.7 Mentor and support trainee through the Advanced Practitioner Training Program

2.4.6.4.8 Recommends trainee to evolve to Advanced Practitioner

2.4.6.4.9 Discusses elective options – i.e. Class Elective, Community Project, Research/Case Study

2.4.6.4.10 Will be the contact for Practitioner Review Committee or Board for the applicant if there are questions on the training program documentation

[2011.06.16] [2025.10.22]

2.4.6.5 Electives Options

2.4.6.5.1 Complete one or a combination of the following, totaling 120 units:

2.4.6.5.1.1 Additional Ortho-Bionomy classes –or–

2.4.6.5.1.2 Case Studies –or–

2.4.6.5.1.3 Research/Community Service Project

[2011.06.16] [2025.10.22]

2.4.6.5.2 Case Studies Electives Option

2.4.6.5.2.1 One to five case studies

2.4.6.5.2.2 At least 4 sessions per client/case study

2.4.6.5.2.3 Documented change in client over time

2.4.6.5.2.4 Documentation includes:

2.4.6.5.2.4.1 Subjective complaints

2.4.6.5.2.4.2 Medical history

2.4.6.5.2.4.3 Objective findings

2.4.6.5.2.4.4 Assessment of subjective and objective findings

2.4.6.5.2.4.5 Description of sessions

2.4.6.5.2.4.6 Techniques used

2.4.6.5.2.4.7 Response of client

2.4.6.5.2.4.8 Trainee's conclusions

2.4.6.5.2.5 Advisor guides documentation format to create consistent reporting from all trainees

[2006.03.10] [2025.10.22]

2.4.6.5.3 Projects Elective Option

2.4.6.5.3.1 Research/community project

2.4.6.5.3.2 Designed by the trainee and advisor

2.4.6.5.3.3 Typed report included in final program documentation submission

2.4.6.5.3.4 Could be an academic research project

2.4.6.5.3.5 Could be community service with a specific group

2.4.6.5.3.6 Advisor guides documentation format to create consistent reporting from all trainees

2.4.6.5.3.7 See the Advanced Practitioner Training handbook for ideas and details

[2006.03.10] [2025.10.22]

2.4.6.6 Sessions Received

2.4.6.6.1 Eight sessions

2.4.6.6.2 Received from Practitioner(s) to Advanced Instructor(s)

[2025.10.22]

2.4.6.7 Feedback Sessions

2.4.6.7.1 Three sessions

2.4.6.7.2 Given to Registered Associate Instructor(s) through Advanced Instructor(s)

2.4.6.7.3 One of the three sessions must be with the trainee's advisor

2.4.6.7.4 Feedback is recorded on the Advanced Practitioner Training Program Record form

[2011.06.16] [2025.10.22]

2.4.6.8 Consultations

2.4.6.8.1 Eight consultations/private discussions

2.4.6.8.2 Conducted with Associate Instructor(s) to Advanced Instructor(s)

2.4.6.8.3 It is recommended that some be with the trainee's advisor

[2007.09.01] [2025.10.22]

2.4.6.9 Evaluation Sessions

2.4.6.9.1 Three sessions

2.4.6.9.2 Given to Associate Instructor(s) through Advanced Instructor(s)

2.4.6.9.3 One of the three sessions must be with the trainee's advisor

2.4.6.9.4 Evaluating advisor/instructor(s) provide typed evaluation to trainee

[2011.06.16] [2025.10.22]

2.4.6.10 Study Groups

2.4.6.10.1 Six three-hour study groups

2.4.6.10.2 Two of the six study groups can be additional classes with advisor approval

[2007.09.01] [2025.10.22]

2.4.6.11 Supervised Lecture/Demonstration

2.4.6.11.1 Given as an introduction to Ortho-Bionomy

2.4.6.11.2 Minimum of 4 attendees

2.4.6.11.3 Observed and documented by a Supervising Instructor, either in person, live online, or recorded video

2.4.6.11.4 Letter of documentation by Supervising Instructor provided to trainee

[2006.03.10] [2025.10.22]

2.4.6.12 Essay

2.4.6.12.1 Typed essay by trainee, at least one page in length

2.4.6.12.2 What the philosophy and principles of Ortho-Bionomy mean to the trainee personally and professionally

[2007.09.01] [2025.10.22]

2.4.6.13 Documented Sessions

2.4.6.13.1 150 documented sessions of entirely Ortho-Bionomy

2.4.6.13.2 Minimum of 20 different people

2.4.6.13.3 Each session a minimum of 30 minutes

2.4.6.13.4 Consult with advisor on how to document

[2007.09.01] [2025.10.22]

2.4.6.14 Miscellaneous Electives

2.4.6.14.1 Animal clientele courses (e.g., equine and canine) can be used as 32 units of electives

2.4.6.14.2 Units from attending the full SOBI conference can be used as electives

[2018.02.09] [2025.10.22]

2.4.6.15 Request for Evolvement to Advanced Practitioner

2.4.6.15.1 Advanced Practitioner Training Program evolvement submission includes:

2.4.6.15.1.1 Evolvement request form

2.4.6.15.1.2 Completed Advanced Practitioner Training Program Record form

2.4.6.15.1.3 One typed essay

2.4.6.15.1.4 Three typed evaluation letters

2.4.6.15.1.5 Typed Supervised Demonstration documentation letter from the Supervising Instructor

2.4.6.15.2 Submission materials emailed to SOBI office for next Practitioner Review Committee cycle

[see PRC section for cycle dates]

2.4.6.15.3 Evolvement fee paid

2.4.6.15.4 Practitioner Review Committee sends their recommendation to SOBI office for Board of Directors review

2.4.6.15.5 Recommendation reviewed by Board; applicant is notified of Board's decision

[2011.06.16] [2025.10.22]