

# Society of Ortho-Bionomy International®

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## Section 2: Student, Associate, Practitioner, and Advanced Practitioner — Membership and Training Policy

### 2.1 Membership

#### 2.1.1 Current Membership

- 2.1.1.1 Student members pay annual dues, but do not have Continuing Education requirements
- 2.1.1.2 Associate members, Practitioners, and Advanced Practitioners pay dues annually and complete one of the following Continuing Education options, every two years:
  - 2.1.1.2.1 Sixteen units of Ortho-Bionomy classes
  - 2.1.1.2.2 Attend the SOBI conference

[2011.04.26] [2025.10.22]

### 2.2 Types of Members

#### 2.2.1 Student Members

- 2.2.1.1 Listed in internal member directory [2025.10.22]

#### 2.2.2 Associate Members

- 2.2.2.1 Listed in internal and public member directory [2025.10.22]
- 2.2.2.2 Have publicly viewable online profile and web presence
- 2.2.2.3 May vote on Board of Director elections

#### 2.2.3 Practitioner Members

- 2.2.3.1 Listed in internal and public member directory
- 2.2.3.2 Have publicly viewable online profile and web presence
- 2.2.3.3 May vote on Board of Director elections and General Policy
- 2.2.3.4 May do Lecture/Demonstrations
- 2.2.3.5 Can give sessions to trainees in the Practitioner Training Program and Advanced Practitioner Training Program

**2.2.3.6** May not do Feedback Sessions, Evaluation Sessions, Consultations, or be an advisor  
[2025.10.22]

#### **2.2.4 Advanced Practitioner Members**

- 2.2.4.1** Vote on Board of Directors Elections and General Policy
- 2.2.4.2** Listed in internal and public member directory
- 2.2.4.3** May do Lecture/Demonstrations
- 2.2.4.4** Can give sessions to trainees in the Practitioner Training Program and Advanced Practitioner Training Program
- 2.2.4.5** May not do Feedback Sessions, Evaluation Sessions, Consultations, or be an advisor

[2016.12.01] [2025.10.22]

### **2.3 Ortho-Bionomy Self-Care**

#### **2.3.1 Student Members**

- 2.3.1.1** Any member who has attended a Phase 4, Ortho-Bionomy Self-Care, or Postural Re-Education & Post Techniques class may share Ortho-Bionomy Self-Care with friends and family
- 2.3.1.2** May not offer Ortho-Bionomy Self-Care as a paid service

#### **2.3.2 Associate Members and Above**

- 2.3.2.1** May share Ortho-Bionomy Self-Care with their clients as part of a session
- 2.3.2.2** May share Ortho-Bionomy Self-Care with a group
- 2.3.2.3** Must clearly state their SOBI member status

#### **2.3.3 Student Members—Associate Instructors**

- 2.3.3.1** May not represent themselves as an instructor of Ortho-Bionomy
- 2.3.3.2** May not represent Ortho-Bionomy Self-Care as a class for credit

[2025.07.10] [2025.10.22]

### **2.4 Training Programs**

#### **2.4.1 Class Requirements**

- 2.4.1.1** All classes must be completed with qualified SOBI instructors or international instructors approved under the international policy [2025.10.22]  
*[see Section 3: What Level of Instructors and Experience Can Train Practitioners and Advanced Practitioners]*

#### **2.4.2 Evolvement Delay**

- 2.4.2.1** Any evolvements can be delayed by the Board of Directors until outstanding grievances are resolved [2006.06.26]

### **2.4.3 Associate Training Segment of the Practitioner Training Program**

**2.4.3.1** Complete 114 units of Ortho-Bionomy instruction (all units count toward the Practitioner Training Program). Units consist of:

**2.4.3.1.1** 32 Phase Four (covering the whole body) [2025.10.22] [2026.01.15]

**2.4.3.1.2** 16 Phase Five

**2.4.3.1.3** 16 Phase Six

**2.4.3.1.4** 3, 8, 16 Units of Ethics see below for options:

**2.4.3.1.4.1** 3-hour Ethics of Practice consultation or study group with an Ortho-Bionomy instructor [2025.10.22]

**2.4.3.1.4.2** Ethics and Emotions class – 8 or 16 unit Ortho-Bionomy Ethics class

**2.4.3.1.5** Completed Electives to add up to 114 total units completed

**2.4.3.2** 1 Session Received – Receive a session from a registered Practitioner, Advanced Practitioner, or any level of instructor (counts in the PTP)

**2.4.3.3** 1 Feedback Session – Give a session for feedback to any level of instructor (counts in the PTP)

**2.4.3.4** Request to become/evolve to Associate

**2.4.3.4.1** Associate submission includes:

**2.4.3.4.1.1** Associate evolvement request form

**2.4.3.4.1.2** Appropriate pages of Practitioner Training Program Record showing completion of required 114 units of Associate training

**2.4.3.4.2** Packet sent to SOBI office

**2.4.3.4.3** Membership fee paid

**2.4.3.4.4** SOBI office notifies applicant of receipt and evolvement status

**2.4.3.5** Associate training is part of the Practitioner Training Program; therefore, the Associate units, including all classes and sessions, transfer directly to the Practitioner Training Program [2007.09.01]

[2025.10.22]

### **2.4.4 Practitioner Training Program (PTP)**

Refer to the Practitioner Training Program handbook for full program details and descriptions. For clarity, this training section also includes some procedures.

**2.4.4.1** Entrance into the PTP

**2.4.4.1.1** Must be a SOBI member or join as a member at the same time as applying to the program

**2.4.4.1.2** Apply to the program

**2.4.4.1.3** Pay enrollment fee

[2011.06.16] [2025.10.22]

**2.4.4.2** Practitioner Training Program Curriculum Units

**2.4.4.2.1** 64 Phase 4 (covering the whole body) [2026.01.15]

- 2.4.4.2.2** 16 Phase 5
- 2.4.4.2.3** 16 Phase 6
- 2.4.4.2.4** 16 Practitioner Training Seminar
- 2.4.4.2.5** 16 Postural Re-education and Post Techniques
- 2.4.4.2.6** 16 Isometrics and Isotonics
- 2.4.4.2.7** 16 Exploration of Movement Patterns
- 2.4.4.2.8** 16 Chapman's Neurolymphatic Reflexes
- 2.4.4.2.9** 16 Ethics and Emotional Issues
- 2.4.4.2.10** 16 Demonstration Skills
- 2.4.4.2.11** 32 Elective(s) [2026.01.15]
- 2.4.4.2.12** 18 Study Group (minimum of six 3-unit groups)
- 2.4.4.2.13** 40 Residential (5 consecutive day minimum)
- 2.4.4.2.14** 8 Sessions Received
- 2.4.4.2.15** 3 Feedback Sessions
- 2.4.4.2.16** 9 Consultations
- 2.4.4.2.17** 3 Evaluation Sessions
- 2.4.4.2.18** 1 Supervised Lecture/Demonstration
- 2.4.4.2.19** 1 Essay
- 2.4.4.2.20** 150 Documented Sessions
- 2.4.4.2.21** 32 Anatomy and Physiology (can be waived, see Waivers section)

[2006.06.26] [2025.10.22]

#### **2.4.4.3 PTP Support Role Requirements**

- 2.4.4.3.1** **Advisor:** Associate Instructor through Advanced Instructor
- 2.4.4.3.2** **Sessions Received:** from Practitioner through Advanced Instructor
- 2.4.4.3.3** **Feedback Sessions:** given to Associate Instructor through Advanced Instructor
- 2.4.4.3.4** **Consultations:** Associate Instructor through Advanced Instructor
- 2.4.4.3.5** **Evaluation Sessions:** given to Associate Instructor through Advanced Instructor
- 2.4.4.3.6** **Study Groups:** Associate Instructor through Advanced Instructor
- 2.4.4.3.7** **Supervised Demonstration:** Associate Instructor to Advanced Instructor

[2011.06.16] [2016.12.01] [2025.10.22]

#### **2.4.4.4 Practitioner Advisor Guidelines and Responsibilities**

- 2.4.4.4.1** Advisor is a SOBI registered Associate Instructor, Instructor, Associate Advanced Instructor, or Advanced Instructor
- 2.4.4.4.2** Responsible to review and confirm curriculum's requirements have been met
- 2.4.4.4.3** Receive a Feedback Session from trainee

- 2.4.4.4.4** Complete Consultations with trainee
- 2.4.4.4.5** Receive an Evaluation Session from trainee
- 2.4.4.4.6** Discuss and sign-off on waivers for trainee, if applicable
- 2.4.4.4.7** Review and confirm paperwork is in order for trainee
- 2.4.4.4.8** Recommends trainee to evolve to Practitioner
- 2.4.4.4.9** Will be the contact for the Practitioner Review Committee and the Board for the applicant, if there are questions on the paperwork

[2011.06.16] [2025.10.22]

#### **2.4.4.5 Sessions Received**

- 2.4.4.5.1** Eight sessions
- 2.4.4.5.2** Received from Practitioner(s) to Advanced Instructor(s)

[2025.10.22]

#### **2.4.4.6 Feedback Sessions**

- 2.4.4.6.1** Three sessions
- 2.4.4.6.2** Given to registered Associate Instructor(s) through Advanced Instructor(s)

Revision Date: 2016.12.01

- 2.4.4.6.3** One of the three sessions must be with the trainee's advisor
- 2.4.4.6.4** Feedback is recorded on the Practitioner Training Program Record

[2011.06.16] [2025.10.22]

#### **2.4.4.7 Consultations**

- 2.4.4.7.1** Nine consultations/private discussions
- 2.4.4.7.2** Conducted with Associate Instructor(s) through Advanced Instructor(s)
- 2.4.4.7.3** It is recommended that some be with the trainee's advisor

[2025.10.22]

#### **2.4.4.8 Evaluation Sessions**

- 2.4.4.8.1** Three sessions
- 2.4.4.8.2** Given to Associate Instructor(s) through Advanced Instructor(s)
- 2.4.4.8.3** One of the three sessions must be with the trainee's advisor
- 2.4.4.8.4** Evaluating advisor/instructor provides evaluation letter to trainee

[2025.10.22]

#### **2.4.4.9 Study Groups**

- 2.4.4.9.1** Six three-hour study groups
- 2.4.4.9.2** Two of the six study groups can be additional classes with advisor approval

[2025.10.22]

**2.4.4.10 Supervised Lecture/Demonstration**

- 2.4.4.10.1** Given as an introduction to Ortho-Bionomy
- 2.4.4.10.2** Minimum of 4 attendees
- 2.4.4.10.3** Observed and documented by a Supervising Instructor, either in person, live online, or recorded video
- 2.4.4.10.4** Letter of documentation by Supervising Instructor provided to trainee

[2007.09.01] [2025.10.22]

**2.4.4.11 Essay**

- 2.4.4.11.1** Typed essay by trainee, at least one page in length
- 2.4.4.11.2** What the philosophy and principles of Ortho-Bionomy mean to the trainee personally and professionally

[2007.09.01] [2025.10.22]

**2.4.4.12 Documented Sessions**

- 2.4.4.12.1** 150 documented sessions of entirely Ortho-Bionomy
- 2.4.4.12.2** Minimum of 20 different people
- 2.4.4.12.3** Each session a minimum of 30 minutes
- 2.4.4.12.4** Consult with advisor on how to document

[2007.09.01] [2025.10.22]

**2.4.4.13 Waivers for Anatomy and Physiology**

- 2.4.4.13.1** Advisor approval required
- 2.4.4.13.2** Complete waiver request submissions sent to SOBI office, including:
  - 2.4.4.13.2.1** Waiver form
  - 2.4.4.13.2.2** Letter from applicant requesting the waiver
  - 2.4.4.13.2.3** Documentation of classes/training used for waiver, including at least one of the following options:
    - 2.4.4.13.2.3.1** Classes completed at college
    - 2.4.4.13.2.3.2** Training in massage school with equivalent hours
    - 2.4.4.13.2.3.3** Professional training in the medical field
- 2.4.4.13.3** Applicant must submit waiver request and receive approval prior to submitting final request for Practitioner evolution
- 2.4.4.13.4** See Practitioner Handbook for procedure, details, etc.

[2025.10.22]

**2.4.4.14 Miscellaneous Electives**

- 2.4.4.14.1** Animal clientele courses (e.g., equine and canine) can be used as 16 units of electives

**2.4.4.14.2** Units from attending the full SOBI conference can be used as electives  
[2018.02.09] [2025.10.22]

**2.4.4.15** Request for evolvement to Practitioner

**2.4.4.15.1** Practitioner evolvement submission includes:

- 2.4.4.15.1.1** Evolvement request form from applicant
- 2.4.4.15.1.2** Completed Practitioner Training Program Record form
- 2.4.4.15.1.3** Approved waiver form(s) (when applicable), signed by PRC Chair
- 2.4.4.15.1.4** One typed essay
- 2.4.4.15.1.5** Three typed evaluation letters
- 2.4.4.15.1.6** Typed Supervised Demonstration documentation letter from the Supervising Instructor

**2.4.4.15.2** Submission materials emailed to SOBI office for next Practitioner Review Committee cycle

[see Practitioner Review Committee section for cycle dates]

**2.4.4.15.3** Evolvement fee paid

**2.4.4.15.4** Practitioner Review Committee sends recommendation to SOBI office for Board of Directors review

**2.4.4.15.5** Recommendation reviewed by Board; applicant is notified of Board's decision

[2007.09.01] [2025.10.22]

**2.4.5 Clarification of Classes in Practitioner and Advanced Practitioner Training**

**2.4.5.1** The same classes cannot be used in both the Practitioner Training Program and the Advanced Practitioner Training Program

**2.4.5.1.1** Additional in-person classes taken beyond the requirements of the Practitioner Training Program can transfer to the Advanced Practitioner Training Program

[2007.09.01] [2025.10.22]

**2.4.6 Advanced Practitioner Training Program (APTP)**

Refer to the Advanced Practitioner Training Handbook for full program details and descriptions. For clarity, this training section also includes some procedures.

**2.4.6.1 Entrance into the APTP**

**2.4.6.1.1** Must be a SOBI member in good standing

**2.4.6.1.2** Completed at least 375 units in the Practitioner Training Program

**2.4.6.1.3** Submit application to the APTP

**2.4.6.1.4** Pay enrollment fee

[2011.06.16] [2025.10.22]

**2.4.6.2 Advanced Practitioner Training Program Curriculum Units**

- 2.4.6.2.1** 16 Phase 4
- 2.4.6.2.2** 16 Phase 5
- 2.4.6.2.3** 16 Phase 6
- 2.4.6.2.4** 8 Phase 7
- 2.4.6.2.5** 16 Postural Re-education and Post Techniques
- 2.4.6.2.6** 16 Isometrics and Isotonics
- 2.4.6.2.7** 16 Exploration of Movement Patterns
- 2.4.6.2.8** 16 Chapman's Neurolymphatic Reflexes
- 2.4.6.2.9** 16 Ethics and Emotional Issues
- 2.4.6.2.10** 16 Cranial
- 2.4.6.2.11** 120 Electives, Projects or Case Studies
- 2.4.6.2.12** 18 Study Group (minimum of six 3-unit groups)
- 2.4.6.2.13** 40 Residential (5 consecutive day minimum)
- 2.4.6.2.14** 8 Sessions Received
- 2.4.6.2.15** 3 Feedback Sessions
- 2.4.6.2.16** 8 Consultations
- 2.4.6.2.17** 3 Evaluation Sessions
- 2.4.6.2.18** 1 Supervised Lecture/Demonstration
- 2.4.6.2.19** 1 Essay
- 2.4.6.2.20** 150 Documented Sessions

[2006.06.26] [2025.10.22]

**2.4.6.3 APTP Support Role Requirements**

- 2.4.6.3.1** **Advisor:** Registered Associate Instructor through Advanced Instructor
- 2.4.6.3.2** **Sessions Received:** from Practitioner(s) through Advanced Instructor(s)
- 2.4.6.3.3** **Feedback Sessions:** given to Associate Instructor(s) through Advanced Instructor(s)
- 2.4.6.3.4** **Consultations:** Associate Instructor(s) through Advanced Instructor(s)
- 2.4.6.3.5** **Evaluation Sessions:** given to Associate Instructor(s) through Advanced Instructor(s)
- 2.4.6.3.6** **Study Groups:** Associate Instructor(s) through Advanced Instructor(s)

[2016.12.01] [2025.10.22]

**2.4.6.4 Advanced Practitioner Advisor Guidelines and Responsibilities**

- 2.4.6.4.1** Advisor is a SOBI registered Associate Instructor through Advanced Instructor
- 2.4.6.4.2** Responsible to review and confirm curriculum and program requirements have been met

- 2.4.6.4.3** Receive a Feedback Session from trainee
- 2.4.6.4.4** Receive an Evaluation Session from trainee
- 2.4.6.4.5** Complete Consultations with trainee
- 2.4.6.4.6** Review and confirm training program documentation is in order for Trainee
- 2.4.6.4.7** Mentor and support trainee through the Advanced Practitioner Training Program
- 2.4.6.4.8** Recommends trainee to evolve to Advanced Practitioner
- 2.4.6.4.9** Discusses elective options – i.e. Class Elective, Community Project, Research/Case Study
- 2.4.6.4.10** Will be the contact for Practitioner Review Committee or Board for the applicant if there are questions on the training program documentation

[2011.06.16] [2025.10.22]

#### **2.4.6.5 Electives Options**

- 2.4.6.5.1** Complete one or a combination of the following, totaling 120 units:
  - 2.4.6.5.1.1** Additional Ortho-Bionomy classes –or–
  - 2.4.6.5.1.2** Case Studies –or–
  - 2.4.6.5.1.3** Research/Community Service Project

[2011.06.16] [2025.10.22]

#### **2.4.6.5.2 Case Studies Electives Option**

- 2.4.6.5.2.1** One to five case studies
- 2.4.6.5.2.2** At least 4 sessions per client/case study
- 2.4.6.5.2.3** Documented change in client over time
- 2.4.6.5.2.4** Documentation includes:
  - 2.4.6.5.2.4.1** Subjective complaints
  - 2.4.6.5.2.4.2** Medical history
  - 2.4.6.5.2.4.3** Objective findings
  - 2.4.6.5.2.4.4** Assessment of subjective and objective findings
  - 2.4.6.5.2.4.5** Description of sessions
  - 2.4.6.5.2.4.6** Techniques used
  - 2.4.6.5.2.4.7** Response of client
  - 2.4.6.5.2.4.8** Trainee's conclusions
- 2.4.6.5.2.5** Advisor guides documentation format to create consistent reporting from all trainees

[2006.03.10] [2025.10.22]

#### **2.4.6.5.3 Projects Elective Option**

- 2.4.6.5.3.1** Research/community project

- 2.4.6.5.3.2** Designed by the trainee and advisor
- 2.4.6.5.3.3** Typed report included in final program documentation submission
- 2.4.6.5.3.4** Could be an academic research project
- 2.4.6.5.3.5** Could be community service with a specific group
- 2.4.6.5.3.6** Advisor guides documentation format to create consistent reporting from all trainees
- 2.4.6.5.3.7** See the Advanced Practitioner Training handbook for ideas and details

[2006.03.10] [2025.10.22]

#### **2.4.6.6 Sessions Received**

- 2.4.6.6.1** Eight sessions
- 2.4.6.6.2** Received from Practitioner(s) to Advanced Instructor(s)

[2025.10.22]

#### **2.4.6.7 Feedback Sessions**

- 2.4.6.7.1** Three sessions
- 2.4.6.7.2** Given to Registered Associate Instructor(s) through Advanced Instructor(s)
- 2.4.6.7.3** One of the three sessions must be with the trainee's advisor
- 2.4.6.7.4** Feedback is recorded on the Advanced Practitioner Training Program Record form

[2011.06.16] [2025.10.22]

#### **2.4.6.8 Consultations**

- 2.4.6.8.1** Eight consultations/private discussions
- 2.4.6.8.2** Conducted with Associate Instructor(s) to Advanced Instructor(s)
- 2.4.6.8.3** It is recommended that some be with the trainee's advisor

[2007.09.01] [2025.10.22]

#### **2.4.6.9 Evaluation Sessions**

- 2.4.6.9.1** Three sessions
- 2.4.6.9.2** Given to Associate Instructor(s) through Advanced Instructor(s)
- 2.4.6.9.3** One of the three sessions must be with the trainee's advisor
- 2.4.6.9.4** Evaluating advisor/instructor(s) provide typed evaluation to trainee

[2011.06.16] [2025.10.22]

#### **2.4.6.10 Study Groups**

- 2.4.6.10.1** Six three-hour study groups
- 2.4.6.10.2** Two of the six study groups can be additional classes with advisor approval

[2007.09.01] [2025.10.22]

**2.4.6.11 Supervised Lecture/Demonstration**

- 2.4.6.11.1** Given as an introduction to Ortho-Bionomy
- 2.4.6.11.2** Minimum of 4 attendees
- 2.4.6.11.3** Observed and documented by a Supervising Instructor, either in person, live online, or recorded video
- 2.4.6.11.4** Letter of documentation by Supervising Instructor provided to trainee

[2006.03.10] [2025.10.22]

**2.4.6.12 Essay**

- 2.4.6.12.1** Typed essay by trainee, at least one page in length
- 2.4.6.12.2** What the philosophy and principles of Ortho-Bionomy mean to the trainee personally and professionally

[2007.09.01] [2025.10.22]

**2.4.6.13 Documented Sessions**

- 2.4.6.13.1** 150 documented sessions of entirely Ortho-Bionomy
- 2.4.6.13.2** Minimum of 20 different people
- 2.4.6.13.3** Each session a minimum of 30 minutes
- 2.4.6.13.4** Consult with advisor on how to document

[2007.09.01] [2025.10.22]

**2.4.6.14 Miscellaneous Electives**

- 2.4.6.14.1** Animal clientele courses (e.g., equine and canine) can be used as 32 units of electives
- 2.4.6.14.2** Units from attending the full SOBI conference can be used as electives

[2018.02.09 ] [2025.10.22]

**2.4.6.15 Request for Evolvement to Advanced Practitioner**

- 2.4.6.15.1** Advanced Practitioner Training Program evolvement submission includes:

- 2.4.6.15.1.1** Evolvement request form
- 2.4.6.15.1.2** Completed Advanced Practitioner Training Program Record form
- 2.4.6.15.1.3** One typed essay
- 2.4.6.15.1.4** Three typed evaluation letters
- 2.4.6.15.1.5** Typed Supervised Demonstration documentation letter from the Supervising Instructor

- 2.4.6.15.2** Submission materials emailed to SOBI office for next Practitioner Review Committee cycle

[see PRC section for cycle dates]

- 2.4.6.15.3** Evolvement fee paid
- 2.4.6.15.4** Practitioner Review Committee sends their recommendation to SOBI office for Board of Directors review
- 2.4.6.15.5** Recommendation reviewed by Board; applicant is notified of Board's decision

[2011.06.16] [2025.10.22]