Society of Ortho-Bionomy International®

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Section 3: Instructor Membership and Training Policy

3.1 Membership

3.1.1 Current Membership

3.1.1.1 Associate Instructor, Instructor, Associate Advanced Instructor, and Advanced Instructor Continuing Education and current membership consists of:

3.1.1.1.1 One of the following, every two years: [2024.03.18]

3.1.1.1.1.1 Sixteen Continuing Education Units of Ortho-Bionomy classes –or– [2024.03.18]

3.1.1.1.1.2 Teach a class with a registered instructor and be responsible for half of the material –or– [2024.03.18]

3.1.1.1.1.3 Be observed teaching by a registered instructor –or– [2024.03.18]

3.1.1.1.1.4 Attend the Ortho-Bionomy Conference and Instructor Retreat

3.1.1.1.2 Annual payment of membership dues to maintain current status as an instructor at approved member level

3.1.2 Reduced Membership Option for Instructors

3.1.2.1 An instructor who is not teaching may move to a reduced level of SOBI membership, such as Advanced Practitioner

3.1.2.2 Any SOBI materials will reflect the updated level of membership

3.1.2.3 Would only have the privileges and responsibilities attendant to that level

3.1.3 Resuming Instructor Membership

3.1.3.1 A former instructor who has reduced their membership or left the Society can choose to resume instructor membership status through the following:

3.1.3.1.1 In addition to payment of the appropriate rate of dues,

3.1.3.1.2 The instructor must teach half a class or be observed teaching an entire class by another registered instructor [2005.12.17]

3.1.3.1.2.1 The registered instructor who taught with them or observed the class must submit email notice to the SOBI office that the requirement was fulfilled

[2025.09.02] [2025.11.20]

3.2 Training Level Requirements

3.2.1 What Level of Instructors Can Train Practitioners and Advanced Practitioners

3.2.1.1 Associate Instructor – Advanced Instructor:

3.2.1.1.1 Advisor

3.2.1.1.2 Session Received

3.2.1.1.3 Feedback Session

3.2.1.1.4 Evaluation Session

3.2.1.1.5 Study Group

3.2.1.1.6 Consultation

3.2.1.1.7 Supervised Demonstration [2024.03.18]

3.2.2 What Level of Instructors and Experience Can Train Instructors

3.2.2.1 **Bench:** Instructor—Advanced Instructor with at least 1 year of active teaching experience [2011.07.19]

3.2.2.1.1 A trainee may do observation-only Bench Assists with a new Instructor who has not yet met the 1-year requirement, with advisor approval [2025.09.02]

3.2.2.2 **Co-Teach**: Instructor—Advanced Instructor with at least 2 years of active teaching experience [2011.07.19]

3.2.2.3 **Supervised Teach:** Instructor—Advanced Instructor with at least 2 years of active teaching experience

3.2.2.4 **Advisor:** Instructor—Advanced Instructor with at least 2 years of active teaching experience [2011.07.19]

3.2.3 What Level of Instructors and Experience Can Train Associate Advanced Instructors

3.2.3.1 **Bench:** Associate Advanced Instructor—Advanced Instructor with at least 1 year of active teaching experience at the Associate Advanced Instructor level or above

3.2.3.1.1 A trainee may do observation-only Bench Assists with a new Associate Advanced Instructor who has not yet met the 1-year requirement, with advisor approval

3.2.3.2 **Co-Teach**: Associate Advanced Instructor—Advanced Instructor with at least 2 years of active teaching experience at the Associate Advanced Instructor level or above

3.2.3.3 **Supervised Teach:** Associate Advanced Instructor—Advanced Instructor with at least 2 years of active teaching experience at the Associate Advanced Instructor level or above

3.2.3.4 **Advisor:** Associate Advanced Instructor—Advanced Instructor with at least 2 years of active teaching experience at the Associate Advanced Instructor level or above

[2025.09.02]

3.2.4 What Level of Instructors and Experience Can Train Advanced Instructors

3.2.4.1 **Bench:** Advanced Instructor with at least 1 year of active teaching experience at the Advanced Instructor level

3.2.4.1.1 A trainee may do observation-only Bench Assists with a new Advanced Instructor who has not yet met the 1-year requirement, with advisor approval

3.2.4.2 **Co-Teach**: Advanced Instructor with at least 2 years of active teaching experience at the Advanced Instructor level

3.2.4.3 **Supervised Teach:** Advanced Instructor with at least 2 years of active teaching experience at the Advanced Instructor level

3.2.4.4 **Advisor:** Advanced Instructor with at least 2 years of active teaching experience at the Advanced Instructor level

[2025.09.02]

3.3 Instructor Agreement - Board of Directors & Instructors

Note: this section is a repeat of section 1.1.15, including 1.1.15.1 and 1.1.15.2 and their subpoints

3.3.1 Instructors sign and agree to:

3.3.1.1 Abide by the Society of Ortho-Bionomy International (SOBI) Code of Ethics [1985.02.10]

3.3.1.2 Utilize the SOBI Trademarks and abide by the Ortho-Bionomy Trademark Guidelines

3.3.1.3 Be familiar with the SOBI training programs and handbooks

3.3.1.4 Review the Training Programs annually and familiarize myself with changes

3.3.1.5 Only advise trainees on training programs for the level I am qualified

3.3.1.6 Only teach courses for which I have been trained to teach

3.3.1.7 Send class lists to the SOBI office for the transcript database

3.3.1.8 Follow the SOBI Policies

3.3.1.9 Communicate with the Board through the provided means if I have questions

3.3.1.10 Include Trademark Policy and SOBI information in my classes

3.3.1.11 Renew my membership annually

3.3.1.12 Complete and submit proof of Continuing Education every two years

3.3.1.13 Participate and abide by request in mediation or grievance process

3.3.2 Board signs and agrees to:

3.3.2.1 Abide by the Society of Ortho-Bionomy International Code of Ethics

3.3.2.2 Use the Principles, Mission and Vision as Guidelines for the Society to function

3.3.2.3 Conduct ourselves in a professional manner

3.3.2.4 Support and oversee Training Programs

3.3.2.5 Support and oversee Trademarks

3.3.2.6 Develop and provide transcripts for students/trainees

3.3.2.7 Directs notification to instructors of their and their trainees' evolvements

3.3.2.8 Directs notification to instructors of changes or updates to training programs and handbooks

3.3.2.9 Maintain class list information and keep the material confidential

3.3.2.10 Provide materials to instructors to promote SOBI membership

3.3.2.11 Provide instructors with a means to contact the Board

3.3.2.12 Not sell or market class or member information

3.3.2.13 Provide web space for marketing Ortho-Bionomy classes taught by registered instructors

3.3.2.14 Support instructors in their teaching, including offering study groups sponsored by SOBI

3.3.2.15 List instructors in the internal and public member directory

3.3.2.16 Continue to evolve SOBI technology and website to further support instructors

3.3.2.17 Listen and respond to requests from instructors

3.3.2.18 Actively facilitate the resolution of complaints and grievances [2016.05.16]

3.4 Who Can Teach Each Class

3.4.1 Registered Associate Instructors

3.4.1.1 Study Groups

3.4.1.1.1 Associate Instructors may only include material from classes that they have bench assisted, with approval from their advisor, or co-taught [2025.09.02]

3.4.1.1.2 Material may also include Ortho-Bionomy Self-Care [2025.09.02]

3.4.1.2 Ethics of Practice study groups [2025.09.02]

3.4.1.2.1 Include discussion of SOBI Code of Ethics and Trademark Policies

3.4.1.2.2 Include self-reflection by the students [2025.09.02]

3.4.2 Registered Instructors

3.4.2.1 All items listed for Associate Instructors, plus the following:

3.4.2.1.1 Study Groups

3.4.2.1.1.1 Instructors and above may include material based on the classes that they have been approved to teach, and are expected to maintain integrity at their instructor level [2025.09.02]

3.4.2.1.1.2 Instructors and above may also include material from classes at their level, that they have been training to teach [2025.09.02]

3.4.2.1.1.3 Study groups may be comprised of new information that the instructor is exploring in their practice

3.4.2.1.2 Standard Phase 4 Classes [2025.09.02]

[see Section 6 Definitions]

3.4.2.1.3 The following classes may be taught after co-teaching and being approved by the Supervising Instructor, unless already completed and approved during the Instructor Training Program. The Supervising Instructor may require a Bench Assist before the Co-Teach. The SOBI office must receive a letter of approval to teach from the Supervising Instructor.

3.4.2.1.3.1 Postural Re-Education & Post-Techniques

3.4.2.1.3.2 Isometrics & Isotonics

3.4.2.1.3.3 Exploration of Movement Patterns

3.4.2.1.3.4 Practitioner Training Seminar

[2025.09.02]

3.4.2.1.4 The following classes may be taught based on the instructor's own assessment of their readiness to teach the class:

3.4.2.1.4.1 In-Depth and Non-Standard Phase 4 Classes [2025.09.02]

3.4.2.1.4.2 Anatomy & Physiology

3.4.2.1.4.3 Demonstration Skills

3.4.2.1.4.4 Elements of a Successful Practice

3.4.2.1.4.5 Ortho-Bionomy Self-Care [2025.09.02]

[2006.06.26]

3.4.2.1.5 Electives

3.4.2.1.5.1 **For a new elective**: fulfill submission and approval requirements

3.4.2.1.5.2 **For a previously approved elective**: an instructor must Co-Teach and be approved by the Supervising Instructor

[2025.09.02]

3.4.2.1.6 Residential – see Residential section for specific requirements

3.4.2.1.7 Instructor Training Seminar (ITS) – see ITS section for specific requirements

3.4.3 Registered Associate Advanced Instructors

3.4.3.1 All items listed for Associate Instructors and Instructors that one is qualified to teach, plus the following:

3.4.3.2 Phase 5

3.4.3.3 The following classes may be taught after co-teaching and being approved by the Supervising Instructor, unless already completed and approved during the Advanced Instructor Training Program. The Supervising Instructor may require a Bench Assist before the Co-Teach. The SOBI office must receive a letter of approval to teach from the Supervising Instructor:

3.4.3.3.1 Chapman's Neuro-Lymphatic Reflexes

3.4.3.3.2 Visceral

[2025.09.02]

3.4.3.4 Advanced Instructor Training Seminar (AITS) – see AITS section for specific requirements

3.4.4 Registered Advanced Instructors

3.4.4.1 All items listed for Associate Instructors, Instructors, and Associate Advanced Instructors that one is qualified to teach, plus the following:

3.4.4.2 Phase 6

3.4.4.3 The following classes may be taught after co-teaching and being approved by the Supervising Instructor, unless already completed and approved during the Advanced Instructor Training Program. The Supervising Instructor may require a Bench Assist before the Co-Teach. The SOBI office must receive a letter of approval to teach from the Supervising Instructor:

3.4.4.3.1 Ethics & Emotional Issues

3.4.4.3.2 Phase 7

3.4.4.3.3 Cranial

[2025.09.02]

3.4.5 Electives

3.4.5.1 Elective Development:

3.4.5.1.1 Electives that count for SOBI training programs will be approved by the Curriculum Review Committee

3.4.5.1.2 May include material based on the classes the instructor has been approved to teach [2025.09.02]

3.4.5.1.3 May also include new information that the instructor is exploring in their practice [2025.09.02]

3.4.5.1.4 Instructors are expected to maintain integrity at their instructor level [2025.09.02]

3.4.5.1.5 Instructor submission includes:

3.4.5.1.5.1 Completed elective submission form

3.4.5.1.5.2 Course material

3.4.5.1.5.3 Course description used for promotions/advertising

3.4.5.1.5.4 Documentation of permission to teach material (if applicable)

[2025.09.02]

3.4.5.2 Elective Review – Elective courses can be reviewed:

3.4.5.2.1 SOBI Board may determine the means for a current elective to be reviewed

3.4.5.2.2 Course participant may request a review to the SOBI Board

3.4.5.2.3 SOBI Board may request CRC to review the elective [2006.07.25]

[2006.06.26]

3.4.6 Residential

3.4.6.1 Must be at least 40 units, 5 consecutive day minimum

3.4.6.2 Who can teach a Residential:

3.4.6.2.1 Every Residential must be taught by at least one Advanced Instructor who has previously benched, co-taught, and been approved to teach a Residential

3.4.6.2.2 Collaborative/Team Teach: Instructor-Advanced Instructor

3.4.6.2.2.1 An instructor may teach material beyond the classes they have been approved to teach when supervised by an Advanced Instructor

3.4.6.3 Training process and requirements to teach a Residential:

3.4.6.3.1 Bench: Associate Advanced Instructor, Advanced Instructor, or Instructor enrolled in the Advanced Instructor Training Program

3.4.6.3.2 Co-Teach: Associate Advanced Instructor or Advanced Instructor

3.4.6.3.2.1 Two individuals/trainees may not Co-Teach the same Residential

3.4.6.3.3 Approval to teach

3.4.6.3.3.1 The SOBI office must receive a letter of approval to teach via email or mail from the Supervising Instructor

[2025.09.02]

3.4.7 Instructor Training Seminar (ITS)

3.4.7.1 ITS Part I and Part II are 40 hours each [2025.09.02]

3.4.7.2 ITS structure and length are consistent so that Part I and Part II can be with the same or a different set of trainers and still cover all required topics [2005.09.08]

3.4.7.3 ITS should include elements of Phase V and Phase VI [2005.09.08]

3.4.7.4 Who can teach an ITS:

3.4.7.4.1 Every ITS must include at minimum both the following:

3.4.7.4.1.1 One Advanced Instructor who has benched, co-taught, and has been approved to teach ITS [2006.03.12] [2025.09.02]

3.4.7.4.1.2 One Instructor to Advanced Instructor who at minimum has had their application to train ITS approved; ideally they have benched and been approved to Co-Teach [2006.03.12] [2025.09.02]

3.4.7.4.1.2.1 Instructors must be enrolled in the Advanced Instructor Training Program [2025.09.02]

3.4.7.4.2 At least two Advanced Instructors who have been approved to teach ITS is ideal [2025.09.02]

3.4.7.5 Training process and requirements to teach ITS:

3.4.7.5.1 Approved application to train [2025.09.02]

3.4.7.5.1.1 Application includes two recommendations from Advanced Instructors, preferably one of whom is approved to teach ITS [2025.09.02]

3.4.7.5.1.2 Applicant must be an Associate Advanced Instructor, Advanced Instructor, or Instructor enrolled in the Advanced Instructor Training Program [2025.09.02]

3.4.7.5.1.3 Applications are reviewed for approval by the IRC [2025.09.02]

3.4.7.5.2 Bench

3.4.7.5.3 Co-Teach

3.4.7.5.4 Approval to teach

3.4.7.5.4.1 The SOBI office must receive a letter of approval to teach via email or mail from the Supervising Instructor [2025.09.02]

3.4.7.6 Maximum training combinations in an ITS:

3.4.7.6.1 Three individuals/trainees bench assisting -*or*-

3.4.7.6.2 One individual/trainee co-teaching and two trainees bench assisting -*or*-

3.4.7.6.3 Two individual/trainees co-teaching and one trainee observation-only bench assisting

3.4.7.6.3.1 When two individuals/trainees are co-teaching during the same ITS, each is responsible for presenting at least 1/3 of the class material

3.4.7.6.3.2 This is an exception to the Co-Teach definition requirement [2025.09.02]

3.4.8 Advanced Instructor Training Seminar (AITS)

3.4.8.1 Who can teach an AITS:

3.4.8.1.1 Every AITS must include at minimum both the following:

3.4.8.1.1.1 One Advanced Instructor who has benched, co-taught, and has been approved to teach AITS

3.4.8.1.1.2 One Associate Advanced Instructor or Advanced Instructor who at minimum has had their application to train AITS approved; ideally they have benched and been approved to Co-Teach

3.4.8.1.2 At least two Advanced Instructors who have been approved to teach AITS is ideal

3.4.8.2 Training process and requirements to teach AITS:

3.4.8.2.1 Approved application to train

3.4.8.2.1.1 Application includes two recommendations from Advanced Instructors, preferably one of whom is approved to teach AITS

3.4.8.2.1.2 Applicant must be an Associate Advanced Instructor or Advanced Instructor

3.4.8.2.1.3 Applications are reviewed for approval by the IRC

3.4.8.2.2 Bench

3.4.8.2.3 Co-Teach

3.4.8.2.4 Approval to teach

3.4.8.2.4.1 The SOBI office must receive a letter of approval to teach via email or mail from the Supervising Instructor

3.4.8.3 Maximum training combinations in an AITS:

3.4.8.3.1 Three individuals/trainees bench assisting -*or*-

3.4.8.3.2 One individual/trainee co-teaching and two trainees bench assisting -*or*-

3.4.8.3.3 Two individuals/trainees co-teaching and one trainee observation-only bench assisting

3.4.8.3.3.1 When two trainees are co-teaching during the same AITS, each is responsible for presenting at least 1/3 of the class material

3.4.8.3.3.2 This is an exception to the Co-Teach definition requirement [2025.09.02]

3.4.9 Internal Work

No credit or endorsement will be given by the Society for any Ortho-Bionomy class, required or elective, in which internal work is done, with the exception of intraoral work. Instructors teaching intraoral work must observe and inform students of their responsibility to follow the appropriate laws, decisions, and regulations of the federal, state, and local government, and adhere to state or local jurisdiction's scope of practice guidelines. Intraoral work may only be taught by instructors who have been approved to teach it either by other education/licensure or the SOBI class approval process. (This was written with the advice of our attorney.) [1992.04.24] [2025.07.18]

3.5 Instructor Training Program

See the Instructor Training Program Handbook for Program Details. For clarity, some procedure is included with Policy.

3.5.1 Advisor Guidelines and Responsibilities

3.5.1.1 Advisor is an Instructor—Advanced Instructor with at least 2 years of active teaching experience

3.5.1.2 Responsible to review and understand the most current Instructor Training Program policies and handbook [2025.09.02]

3.5.1.3 Recommends applicant when applying to the Instructor Training Program

3.5.1.4 Responsible to review trainee's submissions, including applications, and confirm curriculum requirements have been met at each level of training

3.5.1.5 Will review and confirm training program documentation is complete and in order for the trainee at each level

3.5.1.6 Mentors and supports the trainee through their program, benching and co-teaching when possible

3.5.1.7 Confirms trainee works with at least two instructors throughout their Bench Assists and Co-Teaches

3.5.1.8 Recommends applicant to evolve to Associate Instructor

3.5.1.9 Confirms Supervised Teach is clearly identified as a Supervised Teach

3.5.1.10 Works with trainee to get in-person Supervised Teach [2024.03.18]

3.5.1.10.1 If in-person Supervised Teach is not possible, will work with IRC and trainee to confirm if online Supervised Teach will be allowed [2024.03.18]

3.5.1.11 Recommends applicant to evolve to Instructor

3.5.1.12 Will be the contact for the Instructor Review Committee or the Board, for applicant if there are questions.

3.5.2 Applying to the Instructor Training Program

3.5.2.1 Applicant requirements:

3.5.2.1.1 Current member of SOBI in good standing

3.5.2.1.2 Registered Advanced Practitioner of Ortho-Bionomy -or-

3.5.2.1.3 Practitioner enrolled in and completed at least 375 hours of the Advanced Practitioner Training Program [2011.07.19]

3.5.2.1.4 Remains a member of SOBI in good standing throughout their training [2020.04.09]

3.5.2.2 Application submission includes:

3.5.2.2.1 Typed answers to essay questions

3.5.2.2.2 Advisor recommendation form

3.5.2.2.3 Instructor recommendation form

3.5.2.2.4 Advisor selection form

3.5.2.2.5 Indication that applicant is either a:

3.5.2.2.5.1 Registered Advanced Practitioner -or-

3.5.2.2.5.2 Practitioner with at least 375 units of Advanced Practitioner training completed. Practitioners must also include:

3.5.2.2.5.2.1 Copy of Advanced Practitioner Training Program record form

3.5.2.2.5.2.2 Letter from Advanced Practitioner advisor confirming 375 units completed

3.5.2.3 Submission materials emailed to SOBI office for next Instructor Review Committee cycle
[see IRC section for submission dates]

3.5.2.4 Application fee paid

3.5.2.5 IRC sends recommendations to SOBI office for Board of Directors review

3.5.2.6 Recommendations reviewed by Board; applicant is notified of Board's decision

3.5.2.7 Once approved, applicant may attend ITS [2011.07.19]

3.5.3 Instructor Training Seminar (ITS) is Required for ITP Trainees

3.5.3.1 ITP applicant must submit application and be approved by the IRC and SOBI Board prior to attending ITS

3.5.3.2 A trainee cannot attend ITS until the class instructors have seen the trainee's email of acceptance into the ITP from the SOBI office [2019.01.31]

3.5.3.3 ITS Part I is a prerequisite for ITS Part II

3.5.3.4 A trainee can only attend ITS Part II at least 6 months after attending ITS Part I

3.5.4 Bench Assist Guidelines

3.5.4.1 All Bench Assists must be completed with qualified SOBI instructors or international instructors approved under the international policy [2025.09.02]
[see What Level of Instructors and Experience Can Train Instructors]

3.5.4.2 Practitioners: must have completed at least 375 units of the Advanced Practitioner Training Program; may only Bench Assist one class for credit prior to completing ITS Part I [2006.07.25]

3.5.4.3 Advanced Practitioners: may Bench Assist more than one class for credit prior to completing ITS Part I [2011.07.19]

3.5.4.4 Complete 6-12 Bench Assists as per training program agreement

3.5.4.5 Classes are at least 16 units [2024.03.18]

3.5.4.6 Class days do not need to be consecutive [2024.03.18]

3.5.4.7 All Bench Assists must be in Phase 4 classes [2004.09.30] [2024.04.18]
[see Section 6 Definitions]

3.5.4.8 At least 5 Bench Assists must be in Standard Phase 4 classes [2004.09.30] [2024.03.18]
[see Section 6 Definitions]

3.5.4.9 At least three Bench Assists must include demonstrations/presentations [2011.07.19]

3.5.4.10 Bench Assists before ITS Part I may not include classroom demonstrations/presentations [2006.07.25] [2024.03.18]

3.5.4.11 A minimum of five Bench Assists must be completed after completing ITS Part I [2006.07.25]

3.5.4.12 Trainee must work with at least two instructors throughout their Bench Assists and Co-Teaches [2006.07.25] [2011.07.19]

3.5.5 Associate Instructor Evolvement

3.5.5.1 Has been approved as an Advanced Practitioner

3.5.5.2 Completed ITS Part I

3.5.5.3 Completed 6-12 Bench Assists

3.5.5.4 Evolvement submission includes:

3.5.5.4.1 Associate Instructor evolvement request form

3.5.5.4.2 ITS Part I agreement form

3.5.5.4.3 One evolvement recommendation form from advisor who has experienced the trainee's work in the classroom including demonstrations/presentations [2024.04.18]

3.5.5.4.4 One evolvement recommendation form from an instructor who has experienced the trainee's work in the classroom including demonstrations/presentations [2024.04.18]

3.5.5.4.5 Associate Instructor portion of the Instructor Training Program Record [2025.09.02]

3.5.5.4.6 All Bench Assist self-evaluation forms from applicant, at least 3 with demonstrations/presentations (fulfilling the number from applicant's requirements on their ITS agreement form)

3.5.5.4.7 All Bench Assist evaluation of trainee forms from Supervising Instructor(s), at least 3 with demonstrations/presentations (fulfilling the number from applicant's requirements on their ITS agreement form)

3.5.5.5 Submission materials emailed to SOBI office for next Instructor Review Committee cycle
[see IRC section for submission dates)

3.5.5.6 Evolvement fee paid

3.5.5.7 IRC sends recommendations to SOBI office for Board of Directors review

3.5.5.8 Recommendations reviewed by Board; applicant is notified of Board's decision

3.5.6 Co-Teaching Guidelines

3.5.6.1 All Co-Teaches must be completed with qualified SOBI instructors or international instructors approved under the international policy
[see What Level of Instructors and Experience Can Train Instructors]
[2025.09.02]

3.5.6.2 Before co-teaching the trainee must have:

3.5.6.2.1 Completed all Bench Assists,

3.5.6.2.2 Completed ITS Part I, and

3.5.6.2.3 Been approved as an Associate Instructor

3.5.6.3 Complete 3-6 Co-Teaches as per training program agreement [2024.03.18]

3.5.6.4 Classes are at least 16 units [2024.03.18]

3.5.6.5 Class days do not need to be consecutive [2024.03.18]

3.5.6.6 All Co-Teaches must be in Phase 4 classes [2004.09.30] [2024.04.18]
[see Section 6 Definitions]

3.5.6.7 At least 3 Co-Teaches must be in Standard Phase 4 classes [2004.09.30] [2024.03.18]
[see Section 6 Definitions]

3.5.6.8 Two trainees may not Co-Teach during the same class [2024.03.18]

3.5.6.9 A trainee must Bench Assist the class before co-teaching the class [2004.09.30]

3.5.6.10 Trainee must work with at least two instructors throughout their Bench Assists and Co-Teaches [2006.07.25] [2011.07.19]

3.5.7 Supervised Teach Guidelines

3.5.7.1 All Supervised Teaches must be completed with qualified SOBI instructors
[see What Level of Instructors and Experience Can Train Instructors]

3.5.7.2 Trainee must have completed all required Co-Teaches [2024.03.18]

3.5.7.3 Complete 1-2 Supervised Teaches as per training program agreement [2024.03.18]

3.5.7.4 Must be a Standard Phase 4 class of at least 16 units [2004.09.30] [2024.03.18] [see Section 6 Definitions]

3.5.7.5 Trainee is responsible for every aspect of the class

3.5.7.6 Publicity for Supervised Teach must be clearly identified as a Supervised Teach

3.5.7.7 Supervising Instructor has 2 years of active teaching experience

3.5.7.8 Supervising Instructor must attend the class in real time [2025.09.02]

3.5.7.9 Supervising Instructor is in the observer role

3.5.7.10 Supervising Instructor will evaluate the trainee's performance for recommendation to evolve or complete an additional Supervised Teach

3.5.7.11 Online Supervised Teaches may be allowed as exceptions [2024.03.18]

3.5.7.11.1 Trainee and students must be in person, Supervising Instructor must be live online [2024.03.18]

3.5.7.11.2 Supervising Instructor must have experienced the trainee's work in the classroom including demonstrations/presentations at the trainee's current training level [2025.09.02]

3.5.7.11.3 Circumstances must exist that necessitate an online Supervised Teach [2024.03.18]

3.5.7.11.4 Must be approved by the IRC and the trainee's advisor [2024.03.18]

3.5.8 Instructor Evolvement

3.5.8.1 Completed all forms and requirements

3.5.8.2 Evolvement submission includes:

3.5.8.2.1 Evolvement request form from applicant

3.5.8.2.2 ITS Part I and Part II agreement forms

3.5.8.2.3 One evolvement recommendation form from advisor who has experienced the trainee's work in the classroom including demonstrations/presentations [2024.04.18]

3.5.8.2.4 One evolvement recommendation form from an instructor who has experienced the trainee's work in the classroom including demonstrations/presentations [2024.04.18]

3.5.8.2.5 Instructor Training Program Record form

3.5.8.2.6 All Bench Assist, Co-Teach, and Supervised Teach self-evaluation forms from applicant (fulfilling the number from applicant's requirements on their ITS agreement forms)

3.5.8.2.7 All Bench Assist, Co-Teach, and Supervised Teach evaluation of trainee forms from Supervising Instructors (fulfilling the number from applicant's requirements on their ITS agreement forms)

3.5.8.3 Submission materials emailed to SOBI office for next Instructor Review Committee cycle

[see IRC section for submission dates]

3.5.8.4 IRC sends recommendations to SOBI office for Board of Directors review

3.5.8.5 Recommendations reviewed by Board; applicant is notified of Board's decision

3.5.8.6 Applicant must have their evolvement approved before teaching a class as an Instructor [2025.09.02]

3.5.8.7 Applicant may continue to teach study groups (which they are approved to teach as an Associate Instructor) [2025.09.02]

3.6 Advanced Instructor Training Program

3.6.1 Advisor Guidelines and Responsibilities

3.6.1.1 Responsible to review and understand the most current Advanced Instructor Training Program policies and handbook

3.6.1.2 Recommends applicant when applying to the Advanced Instructor Training Program

3.6.1.3 Responsible to review trainee's submissions, including applications, and confirm curriculum requirements have been met at each level of training

3.6.1.4 Review and confirm paperwork is in order for trainee at each level

3.6.1.5 Mentors and supports trainee through their program, benching and co- teaching when possible

3.6.1.6 Confirms trainee works with at least two instructors throughout their Bench Assists and Co-Teaches

3.6.1.7 Recommends applicant to evolve to Associate Advanced Instructor

3.6.1.8 Confirms Supervised Teach is clearly identified as a Supervised Teach

3.6.1.9 Work with trainee to get in-person Supervised Teach [2025.09.02]

3.6.1.9.1 If in-person Supervised Teach is not possible, will work with IRC and trainee to confirm if online Supervised Teach will be allowed [2025.09.02]

3.6.1.10 Recommends applicant to evolve to Advanced Instructor

3.6.1.11 Receives copy of trainee's application and training documentation throughout the process

3.6.1.12 Will be contact for Instructor Review Committee or Board for applicant if there are questions.

3.6.2 Transition to Current Advanced Instructor Training Program

For those in Advanced Training Program prior to October 8, 2011

3.6.2.1 Trainee does not need to complete application if they are already enrolled in Advanced Instructor Training [2011.10.08]

3.6.2.2 Trainee's current title stays the same until the Trainee evolves per the program [2011.10.08]

3.6.2.3 All training prior to October 8, 2011 applies to the requirements of this program [2011.10.08]

3.6.2.3.1 Letters from Trainee's Advisors documenting what requirements have been fulfilled will substitute for bench forms [2011.10.08]

3.6.2.3.2 These classes do need to be listed on the Program Record form [2011.10.08]

3.6.2.4 All training done after October 8, 2011 will need to be documented using the current Advanced Instructor Training Program forms [2011.10.08]

3.6.3 Applying to the Advanced Instructor Training Program

3.6.3.1 Applicant requirements:

3.6.3.1.1 Current Instructor member of SOBI in good standing

3.6.3.1.2 Remains a member of SOBI in good standing throughout their training [2025.09.02]

3.6.3.1.3 Minimum two years of active teaching experience [2025.09.02]

3.6.3.1.4 Minimum 12 Ortho-Bionomy classes taught

3.6.3.1.4.1 Must include the following:

3.6.3.1.4.1.1 Standard Phase IV, having taught each section of the body [2025.09.02]

3.6.3.1.4.1.2 Exploration of Movement Patterns

3.6.3.1.4.1.3 Postural Re-Education and Post Techniques

3.6.3.1.4.1.4 Isometrics and Isotonics

3.6.3.1.4.2 Classes may also include In-Depth/Non-Standard Phase IV [2025.09.02]

3.6.3.1.4.3 No other classes count for these requirements [2025.09.02]

3.6.3.1.4.4 Classes are at least 16 units each [2025.09.02]

3.6.3.1.4.5 Class days do not need to be consecutive [2025.09.02]

3.6.3.1.4.6 Up to 9 of the classes may be Collaborative/Team Teaches [see Section 6 Definitions]. At least 3 of the 12 classes must be taught solo; recommended at least 6 be taught solo [2025.09.02]

3.6.3.1.4.7 Co-Teaches do not count toward these class requirement [2025.09.02] [see Section 6 Definitions]

3.6.3.2 Application submission includes:

3.6.3.2.1 Typed answers to essay questions

3.6.3.2.2 Advisor selection form [2025.09.02]

3.6.3.2.3 Two advisor recommendation forms

3.6.3.2.3.1 At least one advisor must be an Advanced Instructor [2025.12.27]

3.6.3.2.4 Documentation of Ortho-Bionomy classes taught [2025.09.02]

3.6.3.3 Submission materials emailed to SOBI office for next Instructor Review Committee cycle
[see IRC section for cycle dates]

3.6.3.4 Application fee paid

3.6.3.5 IRC sends recommendations to SOBI office for Board of Directors review

3.6.3.6 Recommendations reviewed by Board; applicant is notified of Board's decision

3.6.4 Associate Advanced Instructor Training

3.6.4.1 All coursework is based on 16 units of class

3.6.4.2 Trainee's advisors may require more than stated minimums

3.6.4.3 All Bench Assists and Co-Teaches must be completed with qualified SOBI instructors or international instructors approved under the international policy
[see What Level of Instructors and Experience Can Train Associate Advanced Instructors]
[2025.09.02]

3.6.4.4 All Supervised Teaches must be completed with qualified SOBI instructors
[see What Level of Instructors and Experience Can Train Associate Advanced Instructors]
[2025.09.02]

3.6.4.5 **Phase V Curriculum** includes minimum of:

3.6.4.5.1 Minimum two Bench Assists

3.6.4.5.2 Minimum two Co-Teaches

3.6.4.5.2.1 Trainee must have completed the minimum required Bench Assists [2025.09.02]

3.6.4.5.2.2 Two trainees may not Co-Teach during the same class

3.6.4.5.3 Trainee must work with at least two instructors throughout their Bench Assists and Co-Teaches [2025.09.02]

3.6.4.5.4 Minimum one Supervised Teach

3.6.4.5.4.1 Trainee must have completed all required Co-Teaches [2025.09.02]

3.6.4.5.4.2 Trainee is responsible for every aspect of the class

3.6.4.5.4.3 Publicity for Supervised Teach must be clearly identified as a Supervised Teach [2025.09.02]

3.6.4.5.4.4 Supervising Instructor must attend the class in real time [2025.09.02]

3.6.4.5.4.5 Supervising Instructor is in the observer role

3.6.4.5.4.6 Supervising Instructor will evaluate trainee's performance for recommendation to evolve or to complete an additional Supervised Teach [2011.10.08]

3.6.4.5.4.7 Online Supervised Teaches may be allowed as exceptions

3.6.4.5.4.7.1 Trainee and students must be in person; Supervising Instructor must be live online

3.6.4.5.4.7.2 Supervising Instructor must have experienced the trainee's work in the classroom including demonstrations/presentations at the trainee's current training level

3.6.4.5.4.7.3 Circumstances must exist that necessitate an online Supervised Teach

3.6.4.5.4.7.4 Must be approved by the IRC and the trainee's advisor [2025.09.02]

3.6.4.5.5 Residentials count as one class/experience

3.6.4.6 Associate Advanced Instructor Evolvement

3.6.4.6.1 Completed all Phase 5 forms and requirements

3.6.4.6.2 Evolvement submission includes:

3.6.4.6.2.1 Evolvement request form from applicant

3.6.4.6.2.2 Phase 5 agreement form

3.6.4.6.2.3 Evolvement recommendation forms from advisors (minimum 2) who have experienced the trainee's work in the classroom including demonstrations/presentations [2025.09.02]

3.6.4.6.2.4 Associate Advanced Instructor Training Program record form

3.6.4.6.2.5 All Phase 5 Bench Assist, Co-Teach, and Supervised Teach self-evaluation forms from applicant (fulfilling the number from applicant's requirements on their Phase 5 program agreement form)

3.6.4.6.2.6 All Phase 5 Bench Assist, Co-Teach, and Supervised Teach evaluation of trainee forms from Supervising Instructors (fulfilling the number from applicant's requirements on their Phase 5 program agreement form)

3.6.4.6.3 Submission materials emailed to SOBI office for next Instructor Review Committee cycle
[see IRC section for cycle dates]

3.6.4.6.4 Evolvement fee paid

3.6.4.6.5 IRC sends recommendations to SOBI office for Board of Directors review

3.6.4.6.6 Recommendations reviewed by Board; applicant is notified of Board's decision

3.6.4.6.7 Trainees must have their evolvement approved before teaching as an Associate Advanced Instructor

3.6.4.7 Timeline of Phase 5 and Phase 6 Training May Overlap

3.6.4.7.1 After a minimum of two Phase 5 Bench Assists, trainee may begin bench assisting Phase 6 classes for credit

3.6.5 Advanced Instructor Training

3.6.5.1 All coursework is based on 16 units of class

3.6.5.2 Trainee's advisors may require more than stated minimums

3.6.5.3 All Bench Assists and Co-Teaches must be completed with qualified SOBI instructors or international instructors approved under the international policy
[see What Level of Instructors and Experience Can Train Advanced Instructors]

[2025.09.02]

3.6.5.4 All Supervised Teaches must be completed with qualified SOBI instructors
[see What Level of Instructors and Experience Can Train Advanced Instructors]
[2025.09.02]

3.6.5.5 **Phase VI Curriculum** includes minimum of:

3.6.5.5.1 Minimum two Bench Assists

3.6.5.5.2 Minimum two Co-Teaches

3.6.5.5.2.1 Trainee must have been approved as an Associate Advanced Instructor

3.6.5.5.2.2 Trainee must have completed the minimum required Bench Assists [2025.09.02]

3.6.5.5.2.3 Two trainees may not Co-Teach during the same class

3.6.5.5.3 Trainee must work with at least two instructors throughout their Bench Assists and Co-Teaches [2025.09.02]

3.6.5.5.4 Minimum one Supervised Teach

3.6.5.5.4.1 Trainee must have completed all required Co-Teaches [2025.09.02]

3.6.5.5.4.2 Trainee is responsible for every aspect of the class

3.6.5.5.4.3 Publicity for Supervised Teach must be clearly identified as a Supervised Teach [2025.09.02]

3.6.5.5.4.4 Supervising Instructor must attend the class in real time [2025.09.02]

3.6.5.5.4.5 Supervising Instructor is in the observer role

3.6.5.5.4.6 Supervising Instructor will evaluate trainee's performance for recommendation to evolve or to complete an additional Supervised Teach

3.6.5.5.4.7 Online Supervised Teaches may be allowed as exceptions

3.6.5.5.4.7.1 Trainee and students must be in person; Supervising Instructor must be live online

3.6.5.5.4.7.2 Supervising Instructor must have experienced the trainee's work in the classroom including demonstrations/presentations at the trainee's current training level

3.6.5.5.4.7.3 Circumstances must exist that necessitate an online Supervised Teach

3.6.5.5.4.7.4 Must be approved by the IRC and the trainee's advisor

[2025.09.02]

3.6.5.5.5 Residentials count as one class/experience

3.6.5.6 Advanced Instructor Evolvement

3.6.5.6.1 Evolved to Associate Advanced Instructor and completed all Phase 6 forms and requirements

3.6.5.6.2 Evolvement submission includes:

3.6.5.6.2.1 Evolvement request form from applicant

3.6.5.6.2.2 Phase 6 agreement form

3.6.5.6.2.3 Evolvement recommendation forms from advisors (minimum 2) who have experienced the trainee's work in the classroom including demonstrations/presentations [2025.09.02]

3.6.5.6.2.4 Advanced Instructor Training Program record form

3.6.5.6.2.5 All Phase 6 Bench Assist, Co-Teach, and Supervised Teach self-evaluation forms from applicant (fulfilling number from applicant's requirements on their Phase 6 agreement form)

3.6.5.6.2.6 All Phase 6 Bench Assist, Co-Teach, and Supervised Teach evaluation of trainee forms from Supervising Instructors (fulfilling number from applicant's requirements on their Phase 6 agreement form)

3.6.5.6.3 Submission materials emailed to SOBI office for next Instructor Review Committee cycle

[see IRC section for submission dates]

3.6.5.6.4 IRC sends recommendations to SOBI office for Board of Directors review

3.6.5.6.5 Recommendations reviewed by Board; applicant is notified of Board's decision

3.6.5.6.6 Trainees must have their evolvement approved before teaching as an Advanced Instructor

3.7 International Instructor Membership and Training

See General Policy Section 1 for policy on reciprocity in International membership and training