

Society of Ortho-Bionomy International®

Instructor Eligibility

Eligibility to Teach Classes for SOBI Credit

For complete details on instructor requirements to teach each class, please see SOBI policy [Section 3](#).

Class	Associate Instructor	Instructor	Associate Advanced Instructor	Advanced Instructor
Study Groups	✓ ¹	✓ ²	✓ ²	✓ ²
Ethics of Practice Study Groups (for Associate training)	✓	✓	✓	✓
Standard Phase 4 ³	—	✓	✓	✓
In-Depth and Non-Standard Phase 4 ^{4,5}	—	✓	✓	✓
Anatomy & Physiology ⁵	—	✓	✓	✓
Demonstration Skills ⁵	—	✓	✓	✓
Elements of a Successful Practice ⁵	—	✓	✓	✓
Ortho-Bionomy Self-Care ⁵	—	✓	✓	✓
Postural Re-Education and Post-Techniques ⁶	—	✓	✓	✓
Isometrics & Isotonics ⁶	—	✓	✓	✓
Exploration of Movement Patterns ⁶	—	✓	✓	✓
Practitioner Training Seminar ⁶	—	✓	✓	✓
Electives ⁷	—	✓	✓	✓
Residential ⁸	—	✓	✓	✓
Instructor Training Seminar ⁹	—	✓	✓	✓
Phase 5	—	—	✓	✓
Chapman's Neuro-Lymphatic Reflexes ⁶	—	—	✓	✓
Visceral ⁶	—	—	✓	✓
Advanced Instructor Training Seminar ¹⁰	—	—	✓	✓
Phase 6	—	—	—	✓

Class	Associate Instructor	Instructor	Associate Advanced Instructor	Advanced Instructor
Ethics & Emotional Issues ⁶	==	==	==	✓
Phase 7 ⁶	==	==	==	✓
Cranial ⁶	==	==	==	✓

1. Associate Instructors may only include material from classes that they have bench assisted, with approval from their advisor, or co-taught; material may also include Ortho-Bionomy Self-Care.
2. Instructors—Advanced Instructors may include material based on the classes that they have been approved to teach, and are expected to maintain integrity at their instructor level. May also include material from classes at their level that they have been training to teach; and new information that the instructor is exploring in their practice.
3. Phase 4 techniques for the major structures of the body. Each instructor is responsible to know Standard Phase 4 techniques. Phase 4 Spine, Phase 4 Extremities, and Phase 4 Whole Body are Standard classes. Titles of Standard Phase 4 classes may differ and content may have some minor variation, but are essentially the same in any registered Ortho-Bionomy instructor classroom. Standard Phase 4 classes may include techniques for: cervical, thoracic, and lumbar spine; ribs; psoas; ilium; sacrum; femur; knee; ankle; foot; shoulder; elbow; wrist; and hand.
4. Classes for areas of the body that are based on more in-depth anatomy or methods that go beyond the standard material while still staying within Phase 4. These may be developed by the instructor in their practice or learned elsewhere. These may be different based on the instructor teaching them, yet all share the commonality of Phase 4 principles and techniques.
5. May be taught based on the instructor’s own assessment of their readiness to teach the class.
6. May be taught after co-teaching and being approved to teach by the Supervising Instructor, unless already completed and approved during the Instructor Training Program (ITP) or Advanced Instructor Training Program (AITP).* The Supervising Instructor may require a Bench Assist before the Co-Teach.
7. A new elective may be taught after fulfilling submission and approval requirements. A previously approved elective may be taught after co-teaching and being approved to teach by the Supervising Instructor.*
8. May be taught after benching, co-teaching, and being approved to teach by the Supervising Instructor.* To be eligible to Bench Assist a Residential the instructor must be an Associate Advanced Instructor, Advanced Instructor, or an Instructor enrolled in the AITP. To be eligible to Co-Teach a Residential an instructor must be an Associate Advanced Instructor or Advanced Instructor. Every Residential must be taught by at least one Advanced Instructor who has previously benched, co-taught, and been approved to teach. Instructors—Advanced Instructors may Collaborative/Team Teach a Residential with an approved Advanced Instructor.
9. May be taught after completing Instructor Training Seminar (ITS) training. Training process includes being approved to train, benching, co-teaching, and being approved to teach by the Supervising Instructor.* To apply to train an instructor must be an Associate Advanced Instructor, Advanced Instructor, or an Instructor enrolled in the AITP. Every Instructor Training Seminar must be taught by at least one Advanced Instructor who has completed ITS training and one Instructor—Advanced Instructor who has at least been approved to train.
10. May be taught after completing Advanced Instructor Training Seminar (AITS) training. Training process includes being approved to train, benching, co-teaching, and being approved to teach by the Supervising Instructor.* To apply to train an instructor must be an Associate Advanced Instructor or an Advanced Instructor. Every AITS must be taught by at least one Advanced Instructor who has completed AITS training and one Associate Advanced Instructor—Advanced Instructor who has at least been approved to train.

* Notice from the Supervising Instructor on approvals to teach specific classes must be sent to the SOBI office. Use the form [linked here](#) to submit an approval to teach.

Role Eligibility in SOBI Training Programs

Practitioner and Advanced Practitioner Training	Associate Instructor	Instructor	Associate Advanced Instructor	Advanced Instructor
Advisor	✔	✔	✔	✔
Give Sessions	✔	✔	✔	✔
Feedback Sessions	✔	✔	✔	✔
Evaluation Sessions	✔	✔	✔	✔
Consultations	✔	✔	✔	✔
Supervised Demonstration	✔	✔	✔	✔

Instructor Training	Associate Instructor	Instructor	Associate Advanced Instructor	Advanced Instructor
Bench	=	✔ ¹	✔	✔
Co-Teach	=	✔ ²	✔	✔
Supervised Teach	=	✔ ²	✔	✔
Advisor	=	✔ ²	✔	✔

1. To supervise a Bench Assist an Instructor must have at least 1 year of active teaching* experience. A trainee may do observation-only Bench Assists with a new Instructor who has not yet met the 1-year requirement, with advisor approval.
2. To supervise a Co-Teach, Supervised Teach, or to be an advisor, an Instructor must have at least 2 years of active teaching experience.

Phase 5 Associate Advanced Instructor Training	Associate Instructor	Instructor	Associate Advanced Instructor	Advanced Instructor
Bench ¹	=	=	✔ ²	✔
Co-Teach ³	=	=	✔	✔
Supervised Teach ³	=	=	✔	✔
Advisor ^{3 4}	=	=	✔	✔

1. To supervise a Bench Assist an instructor must have at least 1 year of active teaching experience at the Associate Advanced Instructor level or above.
2. A trainee may do observation-only Bench Assists with a new Associate Advanced Instructor who has not yet met the 1-year requirement, with advisor approval.
3. To supervise a Co-Teach, Supervised Teach, or to be an advisor, an instructor must have at least 2 years of active teaching experience at the Associate Advanced Instructor level or above.
4. At least one advisor must be an Advanced Instructor.

Phase 6 Advanced Instructor Training	Associate Instructor	Instructor	Associate Advanced Instructor	Advanced Instructor
Bench	—	—	—	✓ 1
Co-Teach	—	—	—	✓ 2
Supervised Teach	—	—	—	✓ 2
Advisor	—	—	—	✓ 2

1. To supervise a Bench Assist an instructor must have at least 1 year of active teaching experience at the Advanced Instructor level. A trainee may do observation-only Bench Assists with a new Advanced Instructor who has not yet met the 1-year requirement, with advisor approval.
2. To supervise a Co-Teach, Supervised Teach, or to be an advisor, an Advanced Instructor must have at least 2 years of active teaching experience at the Advanced Instructor level.

* **Active Teaching:** Minimum of three classes taught per year. This definition is used in Instructor Training and Advanced Instructor Training advising/supervising requirements. This definition does not apply to instructor membership status.