Ortho-Bionomy

## Trainee Observation/Bench Assist Self-Evaluation

Use a copy of this form for each Observation/Bench Assist Trainee Name Class Class Dates Location \_\_\_\_\_ Class Instructor(s) Number of units/hours \_\_\_\_\_ Number of students in class \_\_\_\_\_ □ Included Demos/Presentations Check all that apply: 
Observation Bench Assist □ In-Person □ Online (Attach additional sheets if necessary) 1. What were your goals/objectives and focus for this class? 2. What did you do in the class, e.g. what areas did you present, did you run a circle, in what other ways did you participate? 3. How did it go for you? What did you learn? What was challenging? Where do you need to focus next? Trainee Signature \_\_\_\_\_ Date \_\_\_\_\_ Date \_\_\_\_\_ Reviewing Advisor Signature Ortho-Bionomy® is a registered trademark of the Society of Ortho-Bionomy International, Inc. Page 1 of 1

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