

# Consultations In Training Programs

Examples of how students can use consultations in beneficial ways.

## Consultations

- Consultations are offered as a way to meet each student's individual needs to become well rounded in their practice.
- Consultations are an opportunity to address specific issues directly related to a student's paperwork, practice, business topics, etc.
- Consultations can include 1 or more people, with the maximum number determined by an advisor/instructor

## Individual Consultation Ideas

- In-Person: Have a meeting with an instructor to discuss any topics related to Ortho-Bionomy. Work directly on an instructor to refine your skills.
- Text or email: Ask back and forth questions of an instructor/advisor by text or email. Then receive answers until it reaches an hour of the advisor/instructors time.
- Phone or Video: Ask questions of an instructor/advisor via phone or video call equaling an hour of time.
- Ask questions about your practice, discuss the ethical and business issues, session pricing, aspects of being a practitioner, coordinating classes, fine tune techniques, or work with specific client issues.
  - Some examples of questions: What classes would best suit me to focus on next? How do I write documentation sessions? How does SOBI work? What are the laws/requirements in my state? How do the training programs work? How do I properly fill and submit program paperwork? Is my paperwork ready to be submitted? How does Ortho-Bionomy work as a business?

## Shared Consultation Ideas

- Round Robin
  - Question Round Robin: Each person in the group asks a question which is answered, then moves on to the next person.
  - Active Round Robin: One person receives a session and up to three observe/ask questions about the session. Then roles switch until each has received a session. If each session is 1 hour, credit given is one session received and one consultation per observed session.
- Specific issues or topics relevant to the group
- Instructor gives a session to the student's client. Student asks questions during session or after session
- Student gives a session to the client while receiving input from the instructor. this can help hone session dynamics, techniques, phase integration, or other issues.

- Ask questions about client specific issues and observe the instructor's techniques and process. This can help you to gain specific knowledge about a client and work with issues that you are struggling with.
- Change a Session for Feedback or Evaluation that might not have gone as well as expected to a consultation.